

Ephesians 4:25-32

25. Therefore, **putting away LYING**, [let] each one **speak truth** with his neighbor, for we are members of one another.

- **Proverbs 6:16-19** "These six things the Lord _____, yes, seven are an abomination to Him: a _____ look, a _____ tongue, hands that shed innocent blood, a heart that devises _____, feet that are swift in running to evil, a _____ witness who _____, and one who sows discord among brethren."
- **Colossians 3:9** "Do not _____, to one another, since you have put off the old man with his deeds."
- **Exodus 20:13-16** "You shall not _____, you shall not commit adultery (ANY sexual activity other than a man and woman married to each other). You shall not _____. You shall not bear _____ against your neighbor."
- **Revelation 21:8** "But the cowardly, _____, abominable, _____, in the lake which burns with fire and brimstone, which is the second death."

26-27. Be **ANGRY and do not sin**; do not let the **sun go down on your wrath**, nor GIVE PLACE to the **devil**.

- **James 1:19-20** "Therefore, my beloved brethren, let every man be swift to _____, slow to _____, slow to **wrath** (SLOW TO GET ANGRY); for the _____ of man does **not** produce the _____ of God."
- **Mark 11:25** "And whenever you stand praying, if you have _____ against anyone, _____ him, that your Father in heaven may also _____ you your trespasses."
- **Mark 3:5** "So when He (Jesus) had looked around them with _____, being grieved by the _____ of their _____, He said to the man, 'Stretch out your hand.' And he stretched it out, and his hand was restored as whole as the other."

NOTE: Jesus could be ANGRY and not sin, because his anger was towards those who were corrupting God's message and hindering people from coming to God. We, on the other hand, usually get angry because someone has done something that HURTS US, or INCONVENIENCES US, or for some other SELFISH reason. Then, we tend to HOLD ONTO that anger, and it turns into bitterness and resentment.

Definition: "Do not let the sun go down on your wrath" - This means to **LET GO of all anger**, and FORGIVE before the end of the day, or as soon as possible. If your anger is **not** against a PERSON, but rather against CIRCUMSTANCES, the Lord COMMANDS us in His word to "REJOICE always and give THANKS in everything, in all circumstances" (Thessalonians 5:16-18).

Definition: "GIVE PLACE TO THE DEVIL" - This means DON'T give the devil an **opportunity** to cause trouble in your life. Holding onto anger and letting it turn into BITTERNESS and UNFORGIVENESS is a sure way to ALLOW Satan to MESS UP your life.

- **I Peter 5:8-9** "Be sober, be vigilant; because your adversary (enemy) the _____ walks about like a roaring lion, seeking whom (looking for someone) he may devour. _____ him, steadfast in the faith ..."
- **James 4:7** "Therefore _____ to God. _____ the devil and he will _____ from you."

- **II Corinthians 2:10-11** "Now whom you _____ anything, I also _____. For indeed I have _____ that one for your sakes in the presence of Christ, lest _____ should take advantage of us; for we are not ignorant of his _____ (tricks)."
- **Luke 22:31-32** "And the Lord said, 'Simon, Simon! Indeed, _____ has asked for you, that he may sift you as wheat. But I have _____ for you, that your _____ should not fail; and when you have _____ to Me, strengthen your brethren."

28. Let him who stole **STEAL no longer**, but rather let him **labor, working with his hands** what is good, that he may have something to GIVE him who is IN NEED.

- **II Thessalonians 3:7-12** "For you yourselves know how you ought to follow us, for we were not _____ among you; nor did we eat anyone's bread free of charge, but _____ with _____ and toil night and day, that we might not be a _____ to any of you, not because we do not have authority, but to make ourselves an _____ of how you should follow us. For we hear that there are some who walk among you in a _____ manner, not at all, but are _____. Now those who are such we command and exhort through our Lord Jesus Christ that they _____ in quietness and eat their own bread."
- **I Peter 4:15-16** (Verse 15) "But let none of you suffer as a _____ , a _____ , or as a _____ in other people's matters."

29. Let no **CORRUPT communication** proceed out of your MOUTH, but what is good for necessary **edification**, that it may impart grace to the hearers.

- **Colossians 4:6** "Let not your _____ always be with grace, seasoned with salt, that you may know how you ought to _____ each one."
- **Psalms 39:1** "I said, 'I will _____ my ways, lest I _____ with my _____ ; I will restrain my _____ with a muzzle, while the wicked are before me.'"
- **Psalms 34:13** "Keep your _____ from evil, and your _____ from speaking guile (dishonesty, deceit)."
- **Proverbs 8:13** "The fear of the Lord is to hate _____ ; _____ and _____ and the evil way and the **PERVERSE** _____ I hate."

Definition: "PERVERSE MOUTH" - A perverse mouth is one of the things GOD HATES !! Perverse means "turned away from, opposing what is right or good; **CORRUPT**; improper, stubborn, obstinate."

30. And do not **grieve the Holy Spirit** of God, by whom you were sealed for the day of redemption.

- **II Corinthians 13:14** "The _____ of the Lord Jesus Christ, and the _____ of God, and the _____ **of the Holy Spirit** be with you all Amen."
- **John 15:26** "But when the _____ comes, whom I shall send to you from the _____ , the _____ of truth _____ proceeds from the Father, _____ will testify of Me."

Definition: "Grieve the Holy Spirit" and "Communion of the Holy Spirit" - The Holy Spirit is a PERSON. When we SIN, it GRIEVES Him (makes Him sad) and BREAKS the FELLOWSHIP (communion) that we have with Him as our Helper and Comforter. To RESTORE that broken fellowship with God, repent and confess your sin according to I John 1:9 "If we CONFESS our sins, He is faithful and just to _____ us our sins, and to _____ us from _____ unrighteousness."

31. Let all **BITTERNESS**, wrath, ANGER, clamor, and all EVIL SPEAKING be **put away from you**, with all malice.

- **Colossians 3:8-9** "But now you also must _____ all these: _____ , _____ , _____ , blasphemy, to one another, since you have _____ the _____ with his deeds."
- **Hebrews 12:14-15** "Pursue _____ with _____ men, and holiness, without which no one will see the Lord; looking diligently lest anyone fall short of the grace of God; lest any **root of** _____ springing up cause _____ , and by this **many become** _____ ."

NOTE: Bitterness hurts MANY MORE people than just the one who is bitter. Many family dysfunctions and generational sins begin as a ROOT of BITTERNESS in someone's life, which then passes down to their families in the form of more DYSFUNCTIONS, ADDICTIONS, and other problems.

- **James 4:11** "Do not _____ of one another, brethren. He who _____ of a brother judges his brother, _____ of the law and judges of the law [*of God*]. But if you judge the law, you are not a doer of the law but a judge."
- **Matthew 12:34-37** "Brood of vipers! How can you, being _____ speak good things? For out of the abundance of the _____ the _____ speaks. A good man out of the _____ of his heart brings forth good things, and an _____ man out of the _____ brings forth evil things. But I say to you that for _____ idle _____ men may speak, they will GIVE ACCOUNT of it in the day of _____. For by your _____ you will be justified, and by your _____ you will be condemned."

32. And be **KIND** to one another, **tenderhearted, forgiving** one another, just as **God in Christ also forgave you.**

- **Proverbs 31:26** "She opens her _____ with _____ , and on her _____ is the law of _____ ."
- **Colossians 3:12-13** "Therefore, as the elect of God, _____ and _____ , PUT ON _____ , _____ , humbleness of mind, _____ , longsuffering (patience); bearing with one another, _____ one another, if anyone has a _____ against another; even as _____ you, so YOU also MUST DO."
- Read Psalm 86:5 & 15, Psalm 145:8-9, Jonah 4:2, Micah 7:19, Psalm 103:8-12, and Titus 3:3-6 to see HOW FORGIVING God is towards us.