

“Love Lifted Me Recovery Ministries”

Favorite Psalms Bible Study - Part 2

Psalm 51:1-7 Lesson #3

**INSTRUCTIONS: Read the entire section of Scripture in Psalms before starting to look up the other Scripture verses and filling in the blanks. Pray and ask the Holy Spirit to give you understanding as you read God’s word. Most Scriptures are from the New King James Version.

1-2 Have mercy upon me, O God, **according to Your LOVINGKINDNESS; according to the multitude of Your TENDER MERCIES, BLOT OUT my TRANSGRESSIONS.** Wash me thoroughly from my iniquity, and **CLEANSE me from my SIN.**

• **Psalm 86:5, 7 & 15** “For You, Lord, are _____, and _____ to _____; and _____ in _____ unto all those who call upon You.” (Verse 7) “In the day of my _____ I will call upon You, for You will answer me.” (Verse 15) “But You, O Lord, are a God _____ of _____, and _____, long-suffering (patient), and _____ in _____ and _____.”

• **Psalm 143:8** “Cause me to hear Your _____ in the morning; for in You do I trust: cause me to know the _____ in which I should _____; for I lift up my soul unto You.”

• **Hebrews 9:12 & 14** “Not with the blood of goats and calves (the Old Testament sacrifices), but with His own _____ He entered the Most Holy Place once for all, having obtained eternal _____ [for us].”

(Verse 14) “How much more shall the _____ of Christ, who through the eternal _____ offered Himself without spot (without sin) to God, _____ your _____ from dead works to _____ the living God?”

• **1 John 1:7** “But if we walk in the light, as He is in the light, we have fellowship with one another, and the _____ of _____ His Son _____ us from all _____.”

Definition: “According to Your LOVINGKINDNESS; according to the multitude of Your TENDER MERCIES” – The word translated “lovingkindness” here is sometimes translated as “mercy” or “grace” or “kindness”, because it includes all those things. The Hebrew word is “chessed”, which just means kindness, mercy, grace, lovingkindness. God’s lovingkindness is the basis for Him saving us from our sins and giving us eternal life in Christ Jesus. Our salvation is NOT by any works or good deeds that we can do, but ONLY by God’s grace and mercy.

Psalm 103:2-4 “Bless the Lord, O my soul, and forget not all His benefits: who _____ all your iniquities, who heals all your diseases, who redeems your life from destruction, who crowns you with _____ and _____.”

• **Psalm 145:8-10** “The Lord is _____, and _____ of _____; slow to anger, and of great _____. The Lord is _____ to all; and His _____ are over all His works. All Thy works shall praise Thee, O Lord, and Thy saints shall _____ Thee.”

• **Titus 3:3-6** “For we ourselves were also once foolish, disobedient, deceived, serving various lusts and pleasures, living in malice and envy, hateful, and hating one another. But after that the _____ and _____ of _____ our Savior toward man appeared, _____ by works of righteousness which we have done, but according to His _____ He saved us, by the washing of regeneration (being born again) and renewing of the Holy Spirit; which He shed on us _____ through Jesus Christ our Savior.”

• **Ephesians 2:4-9** “But _____, who is rich in _____, for His great _____

with which He _____ us, even when we were dead in sins, has made us alive together with Christ (by grace are you saved), and has raised us up together, and has made us to sit together in heavenly places with Christ Jesus; that in the ages to come, He might show the exceeding riches of His _____ in His _____ towards us in Christ Jesus. For by _____ you have been saved through faith, and that _____ of _____, it is the _____ of God; _____ of _____, lest anyone should boast.”

Definition: “BLOT OUT my TRANSGRESSION..... CLEANSE me from my SIN” – David did not know about Jesus by His name, but he did know that God would someday send the Messiah to save His people from their sins. The animal sacrifices that God commanded Israel to offer, and their blood that was shed, was to be a picture of Jesus the Messiah when He would die on the cross and shed His blood as an offering for our sins. In the Old Testament, the animal sacrifice’s blood was only a temporary covering for the peoples’ sins, but **when you become a true believer in Jesus Christ, His blood cleanses you from all of your sins - they are BLOTTED OUT and completely ERASED.**

• **Acts 3:19** “_____, therefore and be converted, that your _____ may be _____ out, so that times of refreshing may come from the _____ of the _____.”

• **I John 1:9** “If we confess our sins, He is faithful and just to _____ us our _____, and to _____ us from _____ unrighteousness.”

• **Psalms 103:10-14** “He has _____ dealt with us according to our _____, nor punished us according to our iniquities. For as the heavens are high above the earth, so _____ is His _____ toward those who fear Him (reverence Him); as far as the east is from the west, so far has He _____ our _____ from us.”

• **Colossians 2:13-14** “And you, being dead in your trespasses (sins)..... has He made alive together with Him, having _____ you _____ trespasses; _____ out (wiping out) the handwriting of requirements (God’s laws that you could never keep) that was _____ us, and took it out of the way, having _____ it to His _____.”

• **Colossians 1:14** “He has delivered us from the power of darkness and translated us into the kingdom of His Beloved Son, in whom we have redemption through His _____, even the _____ of sins.”

3-4 For I acknowledge my transgressions, and my sin is ever before me. **AGAINST YOU, You ONLY, have I SINNED, and DONE this EVIL in Your SIGHT** – that **You may be found just when You speak, and blameless when You judge.**

• **Hebrews 10:16-17** “This is the covenant that I will make with them after those days,’ says the Lord. ‘I will put my laws into their hearts, and in their minds I will write them,’ then He adds, ‘Their _____ and their lawless _____ I will _____’”

• **Isaiah 43:25** “I, even I, am the One who _____ your _____ for _____ sake; and I will _____ your _____.”

Definition: “AGAINST YOU, You ONLY, have I SINNED, and DONE this EVIL in Your SIGHT” – The sin that David had committed was actually a double-header: he had slept with another man’s wife and gotten her pregnant, and then he tried to cover it up, and when that didn’t work, he had her husband killed. Even though he did sin against the man and his wife, **in God’s eyes, the sin is really against Him - David committed adultery and murder, thus breaking two of the Ten Commandments.**

• **II Samuel 12:7-10** “Then Nathan said to _____, ‘You are the man! Thus says the Lord God of Israel: “I anointed you _____ over _____, and I delivered you from the hand of Saul. I gave you your master’s house and your master’s wives into your keeping, and

gave you the house of Israel and Judah. And _____ that had been _____, I also would have _____ you much _____! Why had you _____ the _____ of the Lord, to do _____ in His _____? You have _____ Uriah the Hittite with the sword; you have _____ his _____ to be your wife, and have _____ him with the _____ of the people of Ammon. Now therefore, the _____ shall not depart from your house, because you have _____ and have taken the wife of Uriah the Hittite to be your wife.”

5 Behold, **I was BROUGHT FORTH (born) in iniquity, and in SIN my MOTHER CONCEIVED me.**

• **Psalm 58:3** “The wicked are estranged from the _____; they go _____ as soon as they are _____, speaking _____.”

• **Isaiah 53:6** “All we like sheep have gone _____; we have turned, [*each and*] every one to his _____; and the Lord has laid on Him (Jesus) the iniquity of us _____.”

Definition: “I was BROUGHT FORTH in iniquity, and in SIN my MOTHER CONCEIVED me” – Adam passed the **sin nature** to his descendants, and we all became sinners by nature. We are not “sinners” because we commit sin — **we SIN because we are sinners!** We are BORN into this world with a NATURE that wants to do everything “**MY WAY**” not **God’s way**, and that is the basis of all sin.

6 Behold **You desire TRUTH in the INWARD parts, and in the HIDDEN part You will make me to know WISDOM.**

• **I Peter 3:3-4** “Do not let your beauty be that _____ adorning of arranging the hair, of wearing gold, or of putting on fine apparel; but let it be the _____ person of the _____, with the incorruptible ornament of a _____ and quiet _____, which is very precious in the sight of _____.”

• **Ephesians 3:16-19** “That He would grant (give) you, according to the riches of His glory, to be strengthened with might through His _____ in the _____ man (YOUR spirit), that Christ may dwell in your _____ through _____, that you, being rooted and grounded in love, may be able to _____ with all the saints what is the width and length and depth and height — [*and*] to _____ the _____ of Christ which passes _____; that you may be filled with all the fullness of God.”

Definition: “You desire TRUTH in the INWARD part..... in the HIDDEN part You will make me to know WISDOM” – What kind of parts is God talking about here - parts like your liver, your kidneys, your lungs? No, it’s not BODY parts, but as it says **the INWARD and HIDDEN part of each human being, which is their soul and spirit**. The Bible tells us that we are spirit, soul and body (I Thess. 5:23). The SOUL is made up of MIND, WILL and EMOTIONS. The “**natural man**” is governed **ONLY by his soul and bodily appetites**, because he is spiritually dead (I Cor. 2:14; Eph. 2:1-5). We, as born-again Christians, have been made spiritually alive, and we are supposed to be governed and **controlled by the HOLY SPIRIT and our own born-again SPIRIT**, which is created in the image of God (Eph. 4:17-24 calls it the “new man”).

• **Hebrews 4:12** “For the _____ of God is _____ and _____, and sharper than any two-edged sword, piercing even to the _____ of _____ and _____, and of joints and marrow, and is a _____ of the _____ and _____ of the _____ (emotions).”

Definition: “Ornament of a GENTLE and QUIET SPIRIT” – This is speaking of our **human spirit** within

us, also called our **“heart”** and **“the INNER MAN”** in Scripture. After we accept Jesus as our Lord and Savior and are saved, **our HUMAN SPIRIT is indwelt by the Holy Spirit of God.** It is our **SPIRIT** that is “born again” when we receive Jesus as our Savior. As we trust God more and more, and grow in our faith in Christ, we are conformed to the image of Christ (we become LIKE HIM in our spirits) we will show that **“GENTLE and QUIET SPIRIT”** to the world. **God is MUCH MORE concerned with our SPIRIT being right with Him rather than how stylishly we are dressed, or how much jewelry and “BLING” we are wearing (this applies to MEN as well as to women).** There’s an old hymn I remember from the Baptist hymnal called “Let Others See Jesus in You,” and it asks the question, “Do others see Jesus in you?”

• **II Corinthians 4:16** “Therefore we do not lose heart. Even though our _____ man is perishing, yet the _____ man is being renewed (strengthened) day by day.”

• **I Corinthians 2:11** “For what _____ knows the things of a _____ except the _____ of the man, which is _____ him?”

7 **PURGE me with HYSSOP and I shall be CLEAN;** wash me and I shall be whiter than snow.

• **Leviticus 14:4** “Then the priest shall command to take for _____ who is to be _____ two living and clean birds, cedar wood, scarlet, and _____”

• **Isaiah 1:18** “‘Come now, and let us reason together’, _____ the _____, ‘Though your _____ are like _____, they shall be _____ as _____; though they are red like crimson, they shall be as wool.’”

Definition: “PURGE me with HYSSOP and I shall be CLEAN” – To purge means to CLEANSE or make PURE, get rid of the dirt and filth. Hyssop is a type of plant with fluffy leaves, so it makes a good paint brush. God commanded the Old Testament priests to use a hyssop branch and dip it in the blood of the animal sacrifices, to sprinkle it on the altar and on the ark of the covenant. All of this was SYMBOLIC of the BLOOD of JESUS CHRIST, who would shed His blood for the CLEANSING and PURGING of our sins, and to remove the dirt and filth from our sinful lives.

• **Hebrews 9:19-22** “For when _____ had spoken every precept to all the people according to the law, he took the _____ of calves and goats, with water, scarlet wool, and _____, and sprinkled both the book itself and all the people, saying, ‘This is the _____ of the covenant which _____ has commanded you.’ Then likewise he sprinkled with _____ both the tabernacle and all the vessels of the ministry. And according to the law almost _____ things are _____ with _____, and without shedding of _____ there is no remission.”

• **Colossians 1:14** “In whom we have _____ through His _____, even the _____ of _____.”

• **Leviticus 17:11** “For the life of the flesh is in the _____; and I have given it to you upon the _____ to make an atonement for your _____: for it is the _____ that makes an atonement for the soul.”

• **Hebrews 9:11 & 14** “Not with the _____ of goats and calves (the Old Testament sacrifices), but with His own _____ He entered the Most Holy Place once for all, having obtained eternal _____ [for us].” (Verse 14) “How much more shall the _____ of Christ, who through the eternal _____ offered Himself without spot (without sin) to God, _____ your conscience from dead works to _____ the living God?”

• **I John 1:7** “But if we walk in the light, as He is in the light, we have fellowship with one another, and the _____ of _____ His Son _____ us from all _____.”