

“Love Lifted Me Recovery Ministries”

Favorite Psalms Bible Study - Part 2

Psalm 91:1-6 Lesson #6

**INSTRUCTIONS: Read the entire section of Scripture in Psalms before starting to look up the other Scripture verses and filling in the blanks. Pray and ask the Holy Spirit to give you understanding as you read God’s word. Most Scriptures are from the New King James Version.

1 **He who DWELLS in the SECRET PLACE of the Most High shall ABIDE under the SHADOW of the Almighty.**

•Psalm 27:7 “For in the _____ of _____ He shall _____ me in His pavilion; in the secret _____ of His _____ He shall _____ me; He shall set me high upon a _____.”

Definition: “He who DWELLS in the SECRET PLACE of the Most High” – David wrote this Psalm, and his idea of the safest place to be was in God’s temple or tabernacle (also called a pavilion). He also called it a “secret place” because it was where **he would meet with God in prayer and for safety from his enemies**. Yes, David had enemies: in his earlier years, King Saul was jealous of him and tried to kill him many times. Later on in life, David’s own son Absalom tried to take over the throne and kill David. Today, we may or may not have human enemies, but **we certainly have a spiritual enemy in Satan. Our SAFEST PLACE is always in the presence of Almighty God.** We do not have an earthly temple anymore, but each individual Christian is a “temple” of the Holy Spirit, and we make contact with God by prayer and studying His word.

•Psalm 31:20 “You shall _____ them in the _____ place of Your _____ from the plots of man; You shall keep them _____ in a _____ from the strife of tongues.”

Definition: “ABIDE under the SHADOW of the Almighty” – Abide means to DWELL or LIVE in the presence of something or someone. For the Old Testament believer, this was **the closest they could get to Almighty God - that of ABIDING under His shadow**. Today, as believers under the NEW COVENANT in Jesus Christ, we are told that **we can actually ABIDE in God Himself through Jesus Christ and the Holy Spirit, and He lives in us.**

•John 15:4-5 “_____ in _____, and _____ in _____. As the branch cannot bear fruit of itself, unless it _____ in the vine, neither can you, unless _____ in _____. I am the vine, you are the branches. He who _____ in _____, and I in him, bears much fruit; for _____ you can do _____.”

•John 15:7-8 “If you _____ in _____, and My _____ abide in you, you will ask what you desire, and it shall be done for you. By this My Father is glorified, that you bear much _____; so you will be My disciples.”

•Philippians 1:11 “Being filled with the _____ of _____ which are by _____, to the _____ and _____ of God.”

•Proverbs 4:20-21 “My son, give _____ to My _____; incline your ear to My _____, do not let them depart from your eyes; keep them in the _____ of your _____. For they are _____ unto those that find them, and health to all their flesh.”

Definition: “If you ABIDE in Me, and My WORDS ABIDE in you” – Abiding in Jesus means having a

close relationship and **constant FELLOWSHIP with Him**. Letting **His WORDS abide in you** means digging deep into the word of God, memorizing it, studying it, and getting it down into your spirit (heart) so that it is a vital part of you, and will flow out of you in any situation. **When you reach this level of Christian growth and maturity**, your PRAYER life will be fantastic, because you will no longer ask God for foolish or selfish things, and therefore **God can answer your prayers**. **When we abide in Jesus**, He produces much fruit in our lives (also called “good works”), and we fulfill God’s purpose for us.

•**Ephesians 2:10** “For we are His _____, created in Christ Jesus for _____, which _____ has prepared beforehand that we should _____ in them.”

•**Colossians 1:10** “That you may have a walk _____ of the Lord, fully _____ Him, being _____ in every _____.”

Definition: “WITHOUT Me you CAN do NOTHING” – What Jesus means is that without Him, and being tapped into His power (like the branch in the vine), **we cannot do anything of any eternal value**. Sure, we can run around and live our lives and do all sorts of things without Jesus, but **they are all absolutely worthless in God’s eyes**. The fruit we are to bear is also called the “fruit of the Spirit,” which means the Holy Spirit gives us the ability to bear this “fruit.” If you look at it carefully, this “fruit” is a combination of the character qualities of Jesus!

2 I will say of the Lord, ‘**He is my REFUGE and my FORTRESS**; my God, in Him I will trust.’

•**Psalm 142:5-6** “I cried out to You, O Lord: I said, ‘You are my _____, my portion in the land of the living. Attend to my _____, for I am brought very low; _____ me from my _____, for they are _____ then I.’”

•**Psalm 141:8** “But my eyes are upon _____, O God the _____; in You I take _____; do not leave my soul destitute.”

Definition: “He is my REFUGE and my FORTRESS” – A refuge means a SAFE PLACE to go to, and a place of REST. A fortress is also a SAFE PLACE, but more of the meaning of safety when fighting with ENEMIES. Our God is ALL of these things for us.

•**Proverbs 18:10** “The name of the _____ is a strong _____; the righteous _____ to it and are _____.”

•**Psalm 62:5-7** “My soul, wait silently for God alone, for my expectation is from Him; He only is my _____ and my _____; He is my _____; I shall not be moved. In God is my salvation and my glory; the _____ of my _____, and my _____ is in God.”

•**Psalm 31:20** “You shall _____ them in the _____ place of Your _____ from the _____ of _____; You shall keep them _____ in a _____ from the strife of tongues.”

•**Psalm 9:9** “The Lord also will be a _____ for the oppressed, a _____ in times of _____.”

3-6 Surely **He shall DELIVER you from the SNARE of the FOWLER and from the PERILOUS PESTILENCE**. He shall cover you with His feathers, and under His wings you shall take refuge; **His truth shall be your shield and buckler**. **You shall NOT be AFRAID of the TERROR by night**, nor for the **ARROW that flies by day**, nor of the PESTILENCE that walks in darkness, nor of the **DESTRUCTION that lays WASTE** at noonday.

•**Psalm 142:3** “When my _____ was _____ within me, then You knew my path. In the way in which I walk they have _____ set a _____ for me.”

- **Psalm 124:2-3 & 6-7** "If it had not been the _____ who was on our _____, when men rose up _____ us, then they would have swallowed us alive, when their wrath was kindled against us." (Verses 6-7) "Blessed be the Lord, who has not given us as _____ to their teeth. Our soul has escaped as a bird from the _____ of the _____; the _____ is broken, and we have _____."
- **Psalm 141:9-10** "Keep me from the _____ which they have _____ for me, and from the _____ of the workers of iniquity (sin). Let the _____ fall into their own _____, while I _____ safely."
- **Psalm 61:4** "I will _____ in Your _____ forever; I will trust in the _____ of Your _____."

Definition: "He shall DELIVER you from the SNARE of the FOWLER and from the PERILOUS PESTILENCE" – This is one of the many promises in God's word for our protection from danger. "SNARE of the FOWLER" means the TRAPS of the DEVIL, and "PERILOUS PESTILENCE" means DISEASE or DANGEROUS EPIDEMIC (the Covid 19 pandemic could be one of them).

- **Psalm 34:7 & 19-20** "The _____ of the Lord encamps all around those that fear (reverence) Him, and _____ them." (Verses 19-20) "Many are the afflictions of the righteous; but the _____ him _____ of them _____. He _____ all his bones; not one of them is broken."
- **Proverbs 1:33** "But whoever listens to _____ will dwell _____, and will be _____, without _____ of _____."
- **Psalm 34:4 & 6** "I sought the Lord, and He heard me, and _____ me from _____ my _____. This poor man _____ out, and the Lord heard him, and _____ him _____ of _____ his _____."
- **Isaiah 54:15b & 17** "...whosoever shall gather together _____ you shall fall for your sake. No _____ that is formed _____ you shall prosper, and every tongue that shall rise _____ you in judgment you shall condemn. This is the heritage of the servants of the Lord, and 'their righteousness is of Me', says the Lord."
- **Hebrews 13:5-6** "...He Himself has said, 'I will _____ you, nor _____ you', so that we may boldly say, 'The Lord is my _____, and I will _____ what man shall do to me.'"
- **II Chronicles 16:9** "For the _____ of the _____ run to and fro throughout the whole earth, to _____ Himself _____ in the _____ of them whose heart is completely His."

Definition: "I will trust in the SHELTER of Your WINGS" – Does God have wings? Is he some kind of bird? No, this is just a **picture of something that we as human beings can understand** about God's protection. Most of the people in those days were farmers, and they knew very well that a mother hen would **cover her chicks with her wings to protect them from any kind of danger**.

- **Psalm 57:1** "Be merciful to me, O God, be merciful to me! For my soul _____ in _____; and in the _____ of Your _____ I will make my _____, until these calamities have passed by."
- **Psalm 63:7** "Because _____ have been my help, therefore in the _____ of Your _____ I will rejoice."

Definition: "His TRUTH shall be your SHIELD and BUCKLER" – A BUCKLER was a small **SHIELD**. **The TRUTH** that is our shield and protection from danger is **GOD'S WORD**.

- **Psalm 18:30** "As for _____, His way is perfect; the _____ of the _____"

is proven; He is a _____ to _____ who _____ in _____.”

• **John 17:17-19** “Sanctify them by Your _____ is _____ As You have sent Me into the world, I also have sent them into the world. And for their sakes I sanctify Myself, that they also may be _____ by the _____.”

• **I John 2:14** “I have written to you, fathers, because you have _____ who is from the beginning. I have written to you, young men, because you are _____, and the _____ of God _____ in you, and you have _____ the _____.”

• **John 8:31** “Then Jesus said to those Jews who believed in Him, “If you _____ in My _____, then you are truly My _____.”

Definition: “KEEP them from the EVIL ONE” – Satan is referred to in many places as the “evil one” or “wicked one.” There is a correlation between **ABIDING in the WORD of God and experiencing the JOY** that He gives, and now we see in I John 2:14 the correlation between **BEING STRONG in the WORD and OVERCOMING the wicked one**, Satan.

• **Matthew 6:13** “And do not lead us into _____, but deliver us from the _____ For Yours is the kingdom and the power and the glory forever. Amen.”

• **I John 5:18** “We know that whoever is born of God does not sin (*continually*); but he who has been born of God _____ himself, and the _____ does not touch him. We know that we are of _____, and the whole _____ lies under the sway (power) of the _____.”

• **Psalms 119:11** “Your _____ I have hidden in my _____, that I might not _____ against _____.”

• **James 4:7** “Therefore _____ to God. _____ the _____ and he will _____ from you.”

Definition: “You shall NOT be AFRAID of the TERROR by night, nor for the ARROW that flies by day, nor of the PESTILENCE that walks in darkness, nor of the DESTRUCTION that lays WASTE” – These are all horrible things that we could be worried about and in constant FEAR, if we do not trust in the Lord for His protection. The “**TERROR by night**” could be just about anything. The “**ARROW that flies by day**” always makes me think of a drive-by shooting, or just being in the wrong place at the wrong time and getting shot or hurt somehow. The “**PESTILENCE that walks in darkness**,” as we saw earlier, the word pestilence means **deadly DISEASE**, as in an epidemic or pandemic, or even cancer or any other deadly disease. The “**DESTRUCTION that lays WASTE**” would be any kind of large scale destruction, whether man-made, such as a bombing, or natural causes such as a volcanic eruption, tsunami, or earthquake. All of these things are in our world every day, and **if we watch the news all the time, we will be FILLED with FEAR**, because these are the types of things the news media loves to report. Our focus needs to be on our Lord and savior Jesus Christ, and our loving Father God, and how He promises to protect us and keep us from harm.

• **I John 5:4** “For whatever is born of God _____ the _____; and this is the _____ that has overcome the world–_____.”

• **John 16:33** “These things I have spoken unto you, that in Me ye might have _____ In the _____ ye shall have _____; but be of good _____; I have _____ the _____.” (Amplified trans. for “overcome” -“I have deprived it of power to harm”).