

# “Love Lifted Me Recovery Ministries”

## Favorite Psalms Bible Study - Part 1

### Psalm 37:1-7

### Lesson #11

\*\*INSTRUCTIONS: Read the entire section of Scripture in Psalms before starting to look up the other Scripture verses and filling in the blanks. Pray and ask the Holy Spirit to give you understanding as you read God's word. Most Scriptures are from the New King James Version.

1-2 **Do NOT FRET because of EVILDOERS, nor be ENVIOUS of the WORKERS of INIQUITY.** For they shall **SOON** be **CUT DOWN** like the grass, and wither as the green herb.

•**Psalm 73:2-3** “But as for me, my feet had \_\_\_\_\_ stumbled; my steps had nearly slipped. For I was \_\_\_\_\_ of the boastful, when I \_\_\_\_\_ the \_\_\_\_\_ of the \_\_\_\_\_.”

•**Isaiah 57:20-21** “But the \_\_\_\_\_ are like the troubled \_\_\_\_\_, when it cannot rest, whose waters cast up mire and dirt. ‘There is no \_\_\_\_\_,’ says my God, ‘for the \_\_\_\_\_.’”

**Definition: “Do NOT FRET because of EVILDOERS, nor be ENVIOUS of the WORKERS of INIQUITY”** – The word of God uses the terms “evildoers” and “the wicked” and “ungodly” to describe people who are far away from God, and who are sinning constantly, and have no desire to know God. These UNBELIEVERS may seem to be getting along in life, and many of them even prospering financially and seeming to be without troubles in life. However, God promises that they will be JUDGED for their works and their evil deeds, and **they will ultimately be thrown into hell for everlasting punishment**, if they do not repent and turn to God. **This is what David meant when he said he came into the house of God and REALIZED what their END would be.** At first, he was envious of them and their lives, and wondered why he even bothered to follow God, but then he realized what their eternal state would be, and **he was content to wait for God's judgment of them and their deeds.**

•**Psalm 73:12-14** “Behold, these are the \_\_\_\_\_, who are always at ease; they \_\_\_\_\_ in \_\_\_\_\_. Surely I have \_\_\_\_\_ my \_\_\_\_\_ in vain, and washed my hands in innocence. For all day long I have been plagued, and chastened every morning.”

•**Psalm 73:16-20** “When I thought \_\_\_\_\_ to \_\_\_\_\_ this, it was too painful for me – until I \_\_\_\_\_ into the \_\_\_\_\_ of \_\_\_\_\_; then I \_\_\_\_\_ their \_\_\_\_\_. Surely you set them in slippery places; you cast them \_\_\_\_\_ to \_\_\_\_\_. Oh, how they are \_\_\_\_\_ to \_\_\_\_\_, as in a moment! They are utterly consumed with \_\_\_\_\_. As a dream when one awakes. So, Lord, when You awake, You shall despise their image.”

•**Proverbs 23:17-18** “Do \_\_\_\_\_ let your heart \_\_\_\_\_, but in the \_\_\_\_\_ of the \_\_\_\_\_ continue all day long. For \_\_\_\_\_ there is a hereafter (an after life: heaven and hell), and your hope will not be cut off.”

**Definition: “They shall SOON be CUT DOWN like the grass”** – We know that God promises to PUNISH SIN and JUDGE the evildoers of this world, but His timing is not our timing. What seems like “soon” to God, may be many years and seem like a long time to us, but **that is because God is merciful, and He is giving them time to repent and be saved.** **God is not willing that any should perish** and go to hell, so He allows them to live their lives, and if they will repent and turn to Him, they will not end up in hell.

•**James 1:9-11** “Let the lowly brother glory in his exaltation, but the \_\_\_\_\_ in his \_\_\_\_\_, because as a flower of the field he will \_\_\_\_\_.” For

no sooner has the sun risen with a burning heat than it \_\_\_\_\_ the \_\_\_\_\_; its flower falls, and its beautiful appearance perishes. So the \_\_\_\_\_ man also will \_\_\_\_\_ away in his \_\_\_\_\_.”

• **Psalm 90:5-6** “You carry them away like a flood; they are like a sleep. In the morning they are like \_\_\_\_\_ which grows up; in the evening it is cut down and \_\_\_\_\_.”

• **I Peter 3:8-9** “But beloved, do not forget this one thing, that with the Lord one \_\_\_\_\_ is as a \_\_\_\_\_ years, and a \_\_\_\_\_ years as one \_\_\_\_\_. The Lord is \_\_\_\_\_ slack (slow, lazy) concerning His \_\_\_\_\_, as some count slackness, but is longsuffering toward us, \_\_\_\_\_ that any should \_\_\_\_\_, but that all should come to \_\_\_\_\_.”

• **I Timothy 2:3-4** “For this is \_\_\_\_\_ and acceptable in the sight of \_\_\_\_\_ our Savior, who \_\_\_\_\_ men to be \_\_\_\_\_ and to come to the \_\_\_\_\_ of the \_\_\_\_\_.”

• **John 3:16** “For God so \_\_\_\_\_ the world that He \_\_\_\_\_ His only begotten Son, that whoever believes in Him should not \_\_\_\_\_ but have \_\_\_\_\_ life.”

• **Luke 24:46-47** “Then He said to them, ‘Thus it is written, and thus it was necessary for \_\_\_\_\_ to \_\_\_\_\_ and to \_\_\_\_\_ from the \_\_\_\_\_ the third day, and that \_\_\_\_\_ and remission of sins should be preached in His \_\_\_\_\_ to \_\_\_\_\_ nations, beginning at Jerusalem.’”

**Definition: “THERE IS NO PEACE FOR THE WICKED”** — Obviously, we know there is no real peace for those who do not know Jesus, but could “the WICKED” also refer to some Christians? When we DISOBEY GOD, we forfeit the PEACE and BLESSINGS He would LIKE to give us. ANY DISOBEDIENCE is sin or “wickedness,” and one form of wickedness that is COMMON among even Christians is UNFORGIVENESS.

• **Matthew 18:32-33** “Then his \_\_\_\_\_, after He had called him, said to him, You \_\_\_\_\_ servant! I \_\_\_\_\_ you all that debt because you begged Me. Should you not also have had \_\_\_\_\_ on your fellow servant, just as I had pity on you?”

**Definition: “NOT WILLING that any should PERISH, but that all should come to REPENTANCE”**  
– We see from Scripture that God does not WANT anyone to go to hell, but that they CHOOSE to go there by their REJECTION of His only way of salvation, which is **faith in His Son Jesus Christ**.

• **Revelation 22:17** “And the Spirit and the bride say, ‘\_\_\_\_\_!’ And let him who hears say, ‘\_\_\_\_\_!’ And \_\_\_\_\_ him who thirsts \_\_\_\_\_. And \_\_\_\_\_ desires, \_\_\_\_\_ him take the water of life \_\_\_\_\_.”

• **Ezekiel 33:11** “Say to them, ‘As I live,’ says the \_\_\_\_\_ God, ‘I have \_\_\_\_\_ in the \_\_\_\_\_ of the wicked, but that the wicked [*should*] turn from his way and \_\_\_\_\_. Turn, turn from your evil \_\_\_\_\_! For why should you die, O house of Israel?’”

3-5 Trust in the Lord, and do good; dwell in the land, and feed on His faithfulness. **DELIGHT yourself also in the LORD, and He shall GIVE you the DESIRES of your HEART.** Commit your way to the Lord, trust also in Him, and **He shall BRING it to PASS.**

• **Proverbs 3:5-6** “\_\_\_\_\_ in the \_\_\_\_\_ with all your \_\_\_\_\_, and lean \_\_\_\_\_ on your own \_\_\_\_\_; in \_\_\_\_\_ your ways acknowledge Him, and He shall direct your paths.

• **Job 22:26** “For then you will have your \_\_\_\_\_ in the \_\_\_\_\_, and lift up your face to \_\_\_\_\_.”

**Definition: “DELIGHT yourself also in the LORD, and He shall GIVE you the DESIRES of your HEART”** – What does it mean to delight yourself in the Lord? It means to make the Lord your “delight” or in other words, the most important thing/person in your life.

• **Matthew 6:33** “But \_\_\_\_\_ the kingdom of \_\_\_\_\_, and His \_\_\_\_\_, and \_\_\_\_\_ these \_\_\_\_\_ shall be added unto you.”

**Definition: “He shall BRING it to PASS”** – “Bring it to pass” is sort of an old fashioned way to say MAKE IT HAPPEN. But what do we need to do before things can happen? We need to “commit our way to the Lord”, and that means to turn everything over to Him, and put all our trust in Him.

• **Psalm 55:22** “\_\_\_\_\_ your \_\_\_\_\_ on the \_\_\_\_\_, and He shall sustain you; He shall never permit the righteous to be moved.”

• **I Peter 5:6-7** “Humble yourselves, therefore, under the mighty hand of God, that He may exalt you at the proper time (in due time), casting \_\_\_\_\_ your care (worry, anxiety, fear) upon Him, because He cares for you.”

• **Proverbs 16:3** “\_\_\_\_\_ your works to the \_\_\_\_\_, and your thoughts will be established.”

6 He shall bring forth **your RIGHTEOUSNESS as the LIGHT, and your JUSTICE** as the noonday.

• **Isaiah 54:17** “No weapon formed \_\_\_\_\_ you shall prosper, and every tongue which rises \_\_\_\_\_ you in \_\_\_\_\_ you shall condemn. This is the heritage of the \_\_\_\_\_ of the Lord, and their \_\_\_\_\_ is from \_\_\_\_\_,’ says the Lord.”

• **Psalm 103:6** “The Lord executes \_\_\_\_\_ and \_\_\_\_\_ for all [*who belong to Him*] who are oppressed.”

• **Isaiah 58:8** “Then your \_\_\_\_\_ shall break forth like the \_\_\_\_\_, your healing shall spring forth speedily.”

• **Psalm 97:11** “\_\_\_\_\_ is sown for the \_\_\_\_\_, and gladness for the upright of heart.”

**Definition: “He shall bring forth your RIGHTEOUSNESS as the LIGHT”** – In the Bible, **light always represents RIGHTEOUSNESS, and darkness represents WICKEDNESS or EVIL.** This was true of those who truly followed God in the Old Testament, and it is even more so for those who are believers in Jesus Christ under the New Covenant. **Jesus said that He Himself is “the LIGHT of the world”** and if we follow Him, we will NOT be in darkness.

• **John 12:35-36** “Then Jesus said to them, “A little while longer the \_\_\_\_\_ is with you. Walk while you have the \_\_\_\_\_, lest \_\_\_\_\_ overtake you; he who walks in \_\_\_\_\_ does \_\_\_\_\_ know \_\_\_\_\_ he is going. While you have the \_\_\_\_\_, believe in the \_\_\_\_\_, that you may become sons of \_\_\_\_\_.”

• **Ephesians 5:8** “For you were once \_\_\_\_\_, but now you are \_\_\_\_\_ in the Lord. \_\_\_\_\_ as children of \_\_\_\_\_.”

• **I Thessalonians 5:4-5** “But you, brethren, are not in \_\_\_\_\_, so that this Day should overtake you as a thief. You are all sons of \_\_\_\_\_ and sons of the \_\_\_\_\_. We are not of the \_\_\_\_\_ nor of \_\_\_\_\_.”

• **John 8:12** “Then Jesus spoke to them again, saying, ‘I am the \_\_\_\_\_ of the world. He who follows \_\_\_\_\_ shall \_\_\_\_\_ walk in \_\_\_\_\_, but have the \_\_\_\_\_ of \_\_\_\_\_.’”

• **Proverbs 4:19** “The way of the wicked is like \_\_\_\_\_; they do not \_\_\_\_\_ what makes them \_\_\_\_\_.”

7 **REST in the LORD, and WAIT PATIENTLY for HIM; do NOT FRET because of him who PROSPERS in HIS WAY**, because of the man who brings wicked schemes to pass.

• **Psalm 27:14** “\_\_\_\_\_ on the \_\_\_\_\_; be of good courage, and He will strengthen your heart; \_\_\_\_\_, I say, on the \_\_\_\_\_!”

• **Psalm 62:5** “My soul, \_\_\_\_\_ silently for \_\_\_\_\_ alone, for my expectation is from \_\_\_\_\_.”

• **Psalm 40:1** “I \_\_\_\_\_ patiently for the \_\_\_\_\_; and He inclined to me, and heard my cry.”

**Definition: “REST in the LORD, and WAIT PATIENTLY for HIM”** – To “rest in the Lord” means that we put our complete trust in Him and stop trying to run around and figure out or fix everything by ourselves. One of the hardest things for us to do, imperfect sinful creatures that we are, is **to WAIT for God to answer our prayers according to His wisdom and His timing**. We are so impatient, and we want what we want, and we want it now! There is an expression used in the Bible called “**waiting on the Lord**”, and we must learn to practice that kind of waiting. Sometimes God answers our prayers immediately, but other times there is a greater lesson to be learned in the “waiting on God” period, and so He does not give us an immediate answer. The **word translated “wait” also has the meaning of “hope” and “lean on” God**. We are not supposed to just wait on God in a vacuum, doing nothing, but **we are to trust and lean on Him**, trusting that He is working everything out in His perfect timing. Waiting on the Lord is an act of obedience. Waiting on God’s timing teaches us to trust God and allows “patience to have its perfect work” in our lives (James 1:2-4). Patience, the fruit of the Holy Spirit, will perform surgery, cutting out character defects like a scalpel, if we allow it to do its perfect work. We need to learn to obey God without analyzing the situation (“leaning on our own understanding” - Prov. 3:5), looking for other options, worrying (fretting), or whining and complaining (see Phil. 4:6-7, I Thess. 5:18).

• **James 1:2-4** “My brethren, count it all \_\_\_\_\_ when you fall into various \_\_\_\_\_, knowing that the \_\_\_\_\_ of your faith produces \_\_\_\_\_. But let patience have its perfect work, that you may be \_\_\_\_\_ and complete, lacking nothing.””

• **Proverbs 3:5** “\_\_\_\_\_ in the Lord with all your heart, and do not lean on your own understanding.”

• **Psalm 25:3-5** “Indeed, let no one who \_\_\_\_\_ on \_\_\_\_\_ be ashamed; let those be ashamed who deal treacherously without cause. Show me Your ways, O Lord; teach me Your paths. Lead me in Your truth and teach me, for You are the God of my salvation; on You I \_\_\_\_\_ all the \_\_\_\_\_.”

• **Psalm 37:34** “\_\_\_\_\_ on the \_\_\_\_\_, and keep His way, and He shall exalt you to inherit the land....”

• **Philippians 4:6** “Be \_\_\_\_\_ for nothing, but in everything by prayer and supplication with \_\_\_\_\_, let your \_\_\_\_\_ be made \_\_\_\_\_ to God.”

**Definition: “Do NOT FRET because of him who PROSPERS in HIS WAY”** – As in verse 1 above, the psalmist is telling us not to fret (worry, get upset) about evil people who seem to be prospering (doing well in this life). God will take care of them and judge them for their evil ways when the time comes.

• **Jeremiah 12:1** “Righteous are You, O Lord, when I plead with You; yet let me talk with You about Your judgments. \_\_\_\_\_ does the way of the wicked \_\_\_\_\_? Why are those \_\_\_\_\_ who deal so treacherously?”

• **Romans 12:19** “Beloved, do \_\_\_\_\_ avenge yourselves, but rather give place to wrath (God’s anger against sin); for it is written, ‘\_\_\_\_\_ is \_\_\_\_\_, I will

\_\_\_\_\_ ' says the \_\_\_\_\_."