

## How to Be Set Free

**James 4:7 "Submit yourselves therefore to God. RESIST THE DEVIL, and he will flee from you."**

Before we can be set free from habits, habitual sins, depression or demonic oppression of any kind, we MUST BELIEVE what God's word tells us about ourselves and OUR POSITION IN CHRIST. The Bible tells us over and over again that we are IN CHRIST. Since Jesus Christ has been given ALL AUTHORITY over Satan, WE have authority over Satan because we are IN CHRIST. James 4:7 says that after we SUBMIT OURSELVES TO GOD, then WE are the ones who are to RESIST Satan, and he will FLEE (run away) from US! Satan and his demons are not afraid of US, but they are afraid of Jesus, and we are IN HIM.

### STEPS TO TAKE IN RESISTING SATAN (DELIVERANCE)

1. **RENOUNCE (confess it as being wrong) any participation in Satan's activities\***. Also, ASK God to CANCEL out all demonic working passed down from ANCESTORS.
2. **CONFESS it as SIN, and confess and REPENT of ALL SIN.**  
II Timothy 2:25-26 "In meekness instructing those that are in opposition; if God perhaps will give them **repentance to the acknowledging of the truth**; and that they may **RECOVER THEMSELVES** out of the SNARE OF THE DEVIL, who are taken CAPTIVE BY HIM at his will."
3. **FORGIVE those who have offended you or HURT YOU.\*\***
4. **COMMAND all demons to leave you in the NAME OF JESUS!** John 8:32 "You shall know the truth, and the truth shall make you FREE." Tell Satan and his demons that you belong to Jesus, and he has no right to attack you or oppress you. Tell Satan he cannot deceive you any longer, because **you know the truth**, and the truth has made you free. He is no longer your master - Jesus is your Lord!
5. **CLOSE ALL DOORS** that may have been opened to allow demons into your life, and **CLAIM THE PROTECTION of the BLOOD OF JESUS.**  
Just say, "In the name of Jesus, I close the door that may have been opened to allow Satan into my life through my participation in (Name the sin) . I ask You, Lord, to keep the door closed with the precious blood of Jesus."

### HOW TO STAY FREE (MAINTAINING YOUR DELIVERANCE)

God's word tells us that WE HAVE A PART in keeping and maintaining our own deliverance. It is the POWER OF GOD and the BLOOD OF JESUS that gets us delivered in the first place, but it is NOT GUARANTEED or AUTOMATIC that Satan will leave us alone and not try to afflict us again.

1. **FILL YOUR MIND with GOD'S WORD** (especially scriptures that tell you who you are in Christ) - **Don't leave your mind EMPTY.**  
Matthew 12: 43-45 Jesus said, "When the unclean spirit is gone out of a man, he (the spirit) walks through dry places, seeking rest, and finds none. Then he says, 'I WILL RETURN into my house from whence I came out; and when he is come, **he finds it empty**, swept, and put in order. Then he goes, and takes with himself seven other spirits more wicked than himself, and they enter in and dwell there; and the last state of that man is worse than the first."
2. **DO NOT LISTEN TO SATAN'S LIES. You MUST learn to CONTROL your THOUGHTS** and NOT accept or believe Satan's lies. II Corinthians 10:3-5 "For though we walk in the flesh, we do not war according to the flesh: for the weapons of our warfare (against Satan) are not carnal (merely human), but mighty through God to

- the pulling down of strongholds; **casting down imaginations**, and **every high thing (thoughts, lies from Satan)** that exalts itself against the knowledge of God, and **bringing into captivity EVERY THOUGHT TO THE OBEDIENCE OF CHRIST.**"
3. **BE ON THE ALERT - DON'T GET LAZY OR COMPLAISANT**  
I Peter 5:8-9 "**Be sober, be VIGILANT**, because your adversary (enemy) the DEVIL walks about as a roaring lion, SEEKING WHOM HE MAY devour: whom **RESIST** steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world."  
Ephesians 6:10-18 "**Put on the whole armor of God**, that YOU MAY BE ABLE TO **STAND AGAINST** THE SCHEMES OF THE DEVIL."
  4. **DO NOT KEEP COMMITTING THE SIN** that let him in the first time. We all sin occasionally, but our lifestyle should NOT be one of continual, habitual sin. If you SLIP, confess it to God (I John 1:9) and repeat Steps 1-4 above for Deliverance, if necessary.  
Ephesians 4:27 "Neither GIVE PLACE to the devil." Amplified Bible says "Leave no room or Foothold for the devil [give NO OPPORTUNITY TO HIM]."  
I John 5:4 & 18 "For whoever is BORN OF GOD overcomes the world; and this is the victory that overcomes the world - OUR FAITH. We know that WHOEVER IS BORN OF GOD does not continually sin; but HE GUARDS HIMSELF, and that wicked one (Satan) does not touch him."
  5. **CLEAN HOUSE - Get rid of all OBJECTS** associated with sinful or idolatrous practices: religious or superstitious charms (rosaries, New Age crystals, etc.), incense, religious statues, drug paraphernalia, magazines, books, tapes, etc.  
Acts 19:18-19 "And many who had believed came confessing and telling their deeds. Also, many of those who had practiced magic (witchcraft) brought their books together and **burned them** in the sight of all."
  6. **Be ready for a TIME of TESTING.** The demons may come back at some point and **TRY to make you believe** you are under their power again, or PUT THE SAME SYMPTOMS on you again. Remember, Satan is a LIAR, and his demons are LIARS! If you HAVE NOT committed a SIN and given them an open door to come in again, just RESIST them again, as in the steps above. James 4:7 "Submit yourselves therefore to God. RESIST THE DEVIL, and he will flee from you."

\*From Deliverance Step 1 - If you or your ancestors have been involved in any of the following activities, it may have opened up your life to demonic oppression or attack: Psychics, fortune tellers, Tarot cards, horoscope/astrology readings, Ouija Board, readings from a "spiritual advisor" who uses "channeling", spirit guides, psychic healing, palm reading, hearing voices or talking to "spirits" or angels, seances, Edgar Cayce, receiving and believing prophecies from so-called prophets in church, adoration of saints and Mary in Roman Catholicism, voodoo or Santaria, Wicca or witchcraft of any kind, feng shui and other eastern practices using "forces of energy", "qi" or "chi", Satanism, heavy metal rock music, rap, and other ungodly forms of music, heavy drug or alcohol use, sexual promiscuity or perversion (including homosexuality), abortion, pornography, New Age crystals, New Age teachings of any kind, participation in idolatry or false religion of any kind, yoga, transcendental meditation and all forms of meditation using a "mantra" or chanting, hypnotism, Scientology and mind science religions, martial arts (especially the higher levels), Masonic Lodge, etc.

\*\*From Deliverance Step 3 -- BITTERNESS, RESENTMENT, ANGER or UNFORGIVENESS will always leave a door open to Satan. Especially, ask God to close doors opened by any sexual abuse DONE TO YOU. Even if you were an innocent VICTIM, demons may have been passed on to you through the abuse. It is ABSOLUTELY NECESSARY to FORGIVE the person who abused you. Realize that THEY were probably being influenced by demons when they did it. Ephesians 6:12 says that our enemies are not flesh and blood (human), and Jesus said in Luke 6:27-28 that we are to love and forgive our human enemies.

- **Luke 6:27-28** "But I say to you who hear: LOVE YOUR ENEMIES, DO GOOD to those who HATE YOU, bless those who CURSE YOU, and PRAY for those who spitefully use you (mistreat you)."
- **II Corinthians 2:10-11** "If you **FORGIVE anyone** anything, I too forgive that one; and what I have forgiven, if I have **FORGIVEN** anything, has been **FOR YOUR SALES** in the presence [and with the approval] of Christ, **TO KEEP SATAN FROM GETTING THE ADVANTAGE OVER US**; for we are not ignorant of his wiles and intentions." (Amplified Bible)

**I John 4:4** "You are of God, little children, and HAVE OVERCOME THEM; because **greater is He that is in you**, than he that is in the world."

**Luke 4:18** "The Spirit of the Lord is upon Me, because He has anointed Me to preach the gospel to the poor, He has sent Me to heal the brokenhearted, to preach **DELIVERANCE to the CAPTIVES**, and recovering of sight to the blind; to **SET AT LIBERTY those who are OPPRESSED**."

**Luke 10:19** "Behold, I give unto you **AUTHORITY** to tread on serpents and scorpions, and **OVER ALL THE POWER OF THE ENEMY**, and NOTHING SHALL BY ANY MEANS HURT YOU."

**Acts 10:38** "How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and **HEALING ALL** that were **OPPRESSED OF THE DEVIL**, for God was with Him."

**Mark 16:17-18** "And these signs will follow **THOSE WHO BELIEVE**; in My name they will **cast out demons**.....they will **lay hands on the sick and THEY WILL RECOVER**."

### **Prayers for Closing Doors**

In "How to be Set Free" "**STEPS TO TAKE IN RESISTING SATAN**," the 5th step was to "**CLOSE ALL DOORS** that may have been opened to allow demons into your life, and **CLAIM** the PROTECTION of the **BLOOD OF JESUS**." Then followed a basic prayer in which you would fill in the blanks with whatever individual sins you had committed and that might have opened doors for demonic oppression in your life. Here is the prayer: "In the name of Jesus, I close the door that may have been opened to allow Satan into my life through my participation in (Name the sin) I ask You, Lord, to keep the door closed with the precious blood of Jesus."

However, there may be some areas in which you would like to pray a more specific prayer, especially if you are STILL having difficulties in that area. What do we mean by difficulties? Maybe you are still carrying guilt over something, even though it has been confessed; maybe you are still struggling with and giving in to an addiction; maybe you feel there is still actual demonic oppression or hearing of voices; or it may be something you just can't put your finger on, but it is somehow holding you back from being or doing all that God has for you. If any of the following prayers apply to you, pray them from your heart, and then **claim your freedom in Christ from any lingering guilt or oppression**. For the first prayer, on abortion, you men remember that this may apply to you, too. If you know, or even if you are not sure, that you got someone pregnant and she had an abortion, that was your child, too, and you need to pray the prayer!

### **Prayer for Closing Doors - Abortion**

Heavenly Father, I come to You in the name of Jesus. I ask you to forgive me for having had an abortion, or contributing to someone having an abortion. I was deceived at the time, but now I see clearly that abortion is murder. I confess the sin of not realizing that a life was

entrusted to me, and I took that life away. I thank you, Lord, that You said that the blood of Jesus cleanses me from ALL sin, and I thank You for Your forgiveness and cleansing right now. I thank You, Lord, for that precious life which is in heaven with You now, and that I will see my child when I get to heaven. I thank You, Lord, that my child has already forgiven me, and is safe in the arms of Jesus for all eternity. I accept and receive total forgiveness through the blood of Jesus, and I close all doors that were opened to allow demons into my life.

Now, I speak to any demons that may have attached themselves to me through the sin of abortion. Satan and you demons, I command you in the name of Jesus Christ to leave my presence and my person! I bind you in the name of Jesus, and you may not come near me, or attack my body or soul, in the name of Jesus, and by the blood of Jesus!

### **Prayer for Closing Doors - Alcohol & Drug Abuse**

Heavenly Father, I come to You in the name of Jesus. I ask you to forgive me for not having taken proper care of my body, which is now the temple of Your Holy Spirit. Forgive me for allowing myself to be under the power of a chemical substance instead of under the influence of Your Holy Spirit. I accept and receive total forgiveness through the blood of Jesus, and I close all doors that were opened to allow demons into my life. Holy Spirit, I ask You to take control of my life, and remove all unholy spirits from me.

Now, I speak to any demons that may have attached themselves to me through the sin of drug or alcohol abuse. Satan and you demons, I command you in the name of Jesus Christ to leave my presence and my person! I bind you in the name of Jesus, and you may not come near me, or attack my body or soul, in the name of Jesus, and by the blood of Jesus!

### **Prayer for Closing Doors - Sexual Sins**

Heavenly Father, I come to You in the name of Jesus. I ask you to forgive me for the sins of adultery and fornication. Forgive me for misusing and abusing my body, which is now the temple of Your Holy Spirit. Forgive me for allowing myself to be joined to another person in an unholy way, instead of to Your Holy Spirit, and instead of keeping my body pure. I accept and receive total forgiveness through the blood of Jesus, and I close all doors that were opened to allow demons into my life. Holy Spirit, I ask You to take control of my life, and remove all unholy spirits from me. I now present my body to You, Lord, as a living sacrifice.

Now, I speak to any demons that may have attached themselves to me through the sin of fornication or adultery (heterosexual or homosexual), or any other sexual sin or impurity (pornography, etc.). Satan and you demons, I cast you out and command you in the name of Jesus Christ to leave my presence and my person! I bind you in the name of Jesus, and you may not come near me, or attack my body or soul, in the name of Jesus, and by the blood of Jesus!

### **Prayer for Closing Doors - Sexual or Physical Abuse Done to You**

"In the name of Jesus, I close any doors that may have been opened to allow Satan into my life through rape, sexual abuse, or violent physical abuse done to me, and the bitterness against those who did it to me. I choose to forgive \_\_\_\_\_ for having done it. I no longer allow what happened in the past to ruin or affect my life in any way. I CHOOSE to walk in newness of life in Christ. I ask You, Lord, to keep the door closed with the precious blood of Jesus."

### **Prayer for Closing Doors - Verbal Abuse & Neglect Done to You**

"In the name of Jesus, I close any doors that may have been opened to allow Satan into my life through my bitterness over neglect by those who should have loved me, verbal abuse

done to me, and anything else that destroyed my happiness and self-esteem, and I forgive \_\_\_\_\_ for having done it. I no longer allow what happened in the past to ruin or affect my life in any way. I CHOOSE to walk in newness of life in Christ. I ask You, Lord, to keep the door closed with the precious blood of Jesus."