

Amelia Olmos
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Dear brothers and sisters who are thinking and walking with Jesus daily,

My name is Amelia. I've been coming to recovery group over a year. And believe it or not, since the first week in the group, a lot of things have been happening in my life. I remember during the two years since I accepted Jesus to come into my life, I had not really surrendered everything to Him, and I never asked Him to heal me of my past. I covered and I hid my past for a year, but after the first week of recovery, something started to move inside of me. I remember that the first week of recovery the topic was on forgiveness, and I knew after a few weeks that it was the Holy Spirit that was moving in my heart. He guided me into prayer and I prayed and gave Jesus all my past, all my hurts, and all my sufferings. After that, I felt that something was going on in my life. Because most of the time at church at worship, I used to cry a lot. But after I surrendered and gave my past to Jesus, the crying got less and less. For all the healing and beautiful work that Jesus did, I dedicated and gave my life to Him as my Savior, and got baptized in August, 2002.

My life before I became a Christian was completely in the world, and in the darkness. I used to be full of resentment, bitterness, anger, and unforgiveness. I was empty, materialistic, impatient, and I never read the Bible. I never had time for my family. I used to drink, smoke and party, and I never had time for Jesus. I used to please people and cry every time I remembered my past. I never talked about my past. I couldn't hug the people who had hurt me. I had a lot of stress and worry. I used to be complaining, worrying, be late to work, and I didn't have a good relationship with my mother. I was dishonest. All this trash Jesus cleansed me of with His blood, and He restored my heart and renewed my mind with good things in my life. He built new spiritual muscles and habits, and here are some of them: I spend more time with Jesus, and I read the Bible. I pray, I talk to my Mom once a week, I spend time with my family, and I don't worry any more. I have more patience, and I am honest. The bitterness, anger and resentment are not in my heart any more. I forgave the people who hurt me, and now I hug and talk to the people who hurt me. I don't party, drink or smoke. I don't have stress, and I have good relationships with brothers and sisters at church. God has provided for all my financial needs. I don't cry when I talk about my past. Now I understand, but before I just cried all the time. I know it's because He healed me and put peace and joy in my heart.

I thank God for guiding me and bringing me to Love Lifted Me Recovery group. Now that I'm healed, God has put a desire in my heart to reach out and be a missionary.