

# “Love Lifted Me Recovery Ministries”

## Favorite Proverbs Bible Study - Part 1

### Proverbs 6:16-29 Lesson #9

\*\*INSTRUCTIONS: Read the entire section of Scripture in Proverbs before starting to look up the other Scripture verses and filling in the blanks. Pray and ask the Holy Spirit to give you understanding as you read God’s word.  
Most Scriptures are from the New King James Version.

16-19 **These six things the Lord HATES, yes, seven are an abomination to Him:** a PROUD look, a LYING tongue, hands that shed innocent blood, a heart that devises WICKED PLANS, feet that are swift in running to evil, a FALSE witness who SPEAKS LIES, and one who SOWS DISCORD among brethren.”

• **Ephesians 4:25** “Therefore, putting away \_\_\_\_\_ each one \_\_\_\_\_ with his neighbor, for we are members of one another.”

• **Colossians 3:9** “Do not \_\_\_\_\_ to one another, since you have put \_\_\_\_\_ the old man with his \_\_\_\_\_.”

• **Exodus 20:13-16** “You shall \_\_\_\_\_, you shall \_\_\_\_\_ commit \_\_\_\_\_ (ANY sexual activity other than a man and woman married to each other). You shall not \_\_\_\_\_. You shall not bear \_\_\_\_\_ against your neighbor.”

• **Revelation 21:8** “But the cowardly, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_ immoral, sorcerers, idolaters, and all \_\_\_\_\_ shall have their part in the lake which burns with fire and brimstone, which is the second death.”

**Definition: “These six things the Lord HATES, yes, seven are an abomination to Him” – An abomination is something DISGUSTING.** A “PROUD look” would be an attitude of ARROGANCE - thinking you are better than others, and thinking you know it all. A “heart that devises WICKED PLANS, feet that are swift in running to evil” means being a TROUBLE-MAKER, always coming up with plans and SCHEMES to do EVIL. “Hands that shed innocent blood” would be any form of MURDER, but also would apply to ABORTION. What could be more innocent than a baby not even born yet? That is truly “shedding innocent blood” when they kill that baby in the womb.

• **Proverbs 8:13** “The fear of the Lord is to hate \_\_\_\_\_; \_\_\_\_\_ and \_\_\_\_\_ and the evil way and the \_\_\_\_\_ I hate.”

• **Proverbs 1:15-16** “My son, do \_\_\_\_\_ walk in the \_\_\_\_\_ with them, keep your feet from their path; for their \_\_\_\_\_ to \_\_\_\_\_, and they make haste to \_\_\_\_\_.”

• **Proverbs 24:2** “For their \_\_\_\_\_ devises \_\_\_\_\_, and their lips \_\_\_\_\_ of \_\_\_\_\_.”

• **Proverbs 16:5** “\_\_\_\_\_ who is \_\_\_\_\_ in \_\_\_\_\_ is an \_\_\_\_\_ to the \_\_\_\_\_. Though they join forces, \_\_\_\_\_ will go \_\_\_\_\_.”

**Definition: “PERVERSE MOUTH” —** A perverse mouth is one of the things GOD HATES!! Perverse means “turned away from, or opposing what is right or good; CORRUPT; improper, stubborn, obstinate.” These verses also talk about “a FALSE witness who SPEAKS LIES.” We all know what it is to LIE, but being a false witness is someone LYING UNDER OATH, whether in court or just in an agreement between two people. God takes LYING UNDER OATH very seriously.

• **Proverbs 12:22** “\_\_\_\_\_ lips are an \_\_\_\_\_ to the Lord, but

those who deal \_\_\_\_\_ are His delight.”

**Definition: “One who SOWS DISCORD among brethren” – DISCORD** means disagreement, conflict, not being in unity. God’s word puts “sowing discord among the Christian brothers and sisters” as much a SIN as murder and lying. God’s word stresses the importance of KEEPING the UNITY of the faith in the body of Christ, and exhorts us all to be “of the same mind” and NOT be in disagreement and strife.

• **Ephesians 4:3** “Endeavoring to \_\_\_\_\_ the \_\_\_\_\_ of the \_\_\_\_\_ in the bond of peace.”

• **Acts 2:1 & 46** “And when the day of Pentecost had fully come, they were all with \_\_\_\_\_ (in unity) in one place.” (Verse 46) “So continuing daily with \_\_\_\_\_ in the temple, and breaking bread from house to house, they ate their food with gladness and simplicity of heart.”

• **Philippians 4:1-2** “Therefore, my beloved and longed for brethren, my joy and crown, so stand fast in the Lord, beloved. I implore (beg) Euodia and I implore Syntyche to be of the \_\_\_\_\_ in the Lord.”

• **I Peter 3:8-9** “Finally, \_\_\_\_\_ of you be of \_\_\_\_\_, having \_\_\_\_\_ for one another; \_\_\_\_\_ as \_\_\_\_\_, be tenderhearted, be courteous; not returning evil for evil or \_\_\_\_\_ for \_\_\_\_\_, but on the contrary blessing, knowing that you were called to this, that you may inherit a blessing.”

• **Proverbs 6:12-15** “A worthless person, a \_\_\_\_\_ man, walks with a perverse \_\_\_\_\_; he winks with his eyes, he shuffles his feet, he points with his fingers; perversity is in his \_\_\_\_\_, he \_\_\_\_\_ continually, he \_\_\_\_\_. Therefore his calamity shall come suddenly; suddenly he shall be broken without remedy.”

• **Romans 16:17** “Now I urge you, brethren, note (watch out for) those who \_\_\_\_\_ and \_\_\_\_\_, contrary to the \_\_\_\_\_ which you \_\_\_\_\_, and \_\_\_\_\_ them.”

20-22 My son, **keep your father’s command, and do not forsake the law of your mother.** Bind them continually upon your heart; tie them around your neck. When you roam, they will lead you; when you sleep, they will keep you; and when you awake, they will speak with you.

• **Proverbs 3:3-4** “Let not mercy and truth forsake you; \_\_\_\_\_ them around your \_\_\_\_\_, write them on the \_\_\_\_\_ of your \_\_\_\_\_, and so find \_\_\_\_\_ and high \_\_\_\_\_ in the sight of \_\_\_\_\_ and \_\_\_\_\_.”

**Definition: “Bind them around your NECK, write them on the TABLET of your HEART” – This is just a figure of speech meaning to KEEP the COMMANDMENTS close TO YOUR HEART, or in OTHER WORDS, memorize God’s word.**

• **Psalms 119:10-11** “With my whole \_\_\_\_\_ I have sought \_\_\_\_\_; O let me not wander from Your \_\_\_\_\_! Your \_\_\_\_\_ I have \_\_\_\_\_ in my \_\_\_\_\_, that I might not \_\_\_\_\_ against \_\_\_\_\_.”

23-25 For **the commandment is a LAMP, and the law is LIGHT**; reproofs of instruction are the way of LIFE; **to keep you from the EVIL woman, from the flattering TONGUE of a seductress. Do NOT LUST after her beauty in your HEART**; nor let her ALLURE you with her eyelids.

• **Psalms 119:106** “Your \_\_\_\_\_ is a \_\_\_\_\_ to my \_\_\_\_\_ and a \_\_\_\_\_ to my \_\_\_\_\_.”

• **Psalms 119:130** “The entrance of Your \_\_\_\_\_ gives \_\_\_\_\_; it gives \_\_\_\_\_ to the \_\_\_\_\_.”

**Definition: "To keep you from the EVIL woman, from the flattering TONGUE of a SEDUCTRESS"**

- To SEDUCE means to tempt someone to do evil or wrongdoing, especially to persuade someone to engage in SINFUL sexual activity. A SEDUCTRESS would be a female who SEDUCES someone.

**A SEDUCER would be the term for a man, and SEDUCTRESS for a woman.** There are plenty of men out there who are seducing young women, but **Solomon here is speaking to his SON, so that is why the emphasis is on the "evil woman" rather than a man.**

• **Proverbs 7:5-18** "That they may \_\_\_\_\_ you from the \_\_\_\_\_ woman, from the \_\_\_\_\_ who \_\_\_\_\_ with here words. For at the window of my house I looked through my lattice, and saw among the \_\_\_\_\_, I perceived among the \_\_\_\_\_, a young \_\_\_\_\_ devoid of (lacking) \_\_\_\_\_, passing along the street near \_\_\_\_\_ corner; and he took the \_\_\_\_\_ to her \_\_\_\_\_ in the twilight, in the evening, in the black and dark night. And there a \_\_\_\_\_ met him, with the attire of a \_\_\_\_\_ and a crafty heart. She was loud and \_\_\_\_\_, her feet would not stay at home. At times she was outside, at times in the open square, \_\_\_\_\_ at every corner. So she \_\_\_\_\_ him and \_\_\_\_\_ him; with an impudent face she said to him, 'I have peace offerings with me; today I have paid my vows. So I came out to meet you, diligently to seek your face, and I have found you. I have spread my \_\_\_\_\_ with tapestry, colored coverings of Egyptian linen. I have \_\_\_\_\_ my \_\_\_\_\_ with myrrh, aloes, and cinnamon. Come, let us take out fill of \_\_\_\_\_ until \_\_\_\_\_; let us \_\_\_\_\_ ourselves with \_\_\_\_\_.'"

**Definition: "Do NOT LUST after her beauty in your HEART"** - Here we see in the Old Testament almost the same thing that Jesus taught in the Sermon on the Mount. Jesus said that the thought in your mind or heart was just as bad as the actual deed - attitude sins are just as bad as the carrying out of the actual sinful act.

• **Matthew 5:27-28** "You have heard that it was said to those of old, 'You shall not commit \_\_\_\_\_,' but I say to you that whoever \_\_\_\_\_ at a \_\_\_\_\_ to \_\_\_\_\_ for \_\_\_\_\_ has already committed \_\_\_\_\_ with her in his \_\_\_\_\_."

26-29 **For by means of a HARLOT a man is reduced to a crust of bread; and an ADULTERESS will PREY upon his precious life. Can a man take FIRE to his bosom, and his clothes not be BURNED? Can one walk on HOT coals, and his feet not be SEARED? So is he who goes in to his NEIGHBOR'S WIFE; whoever touches her shall NOT be INNOCENT.**

• **Galatians 6:7-8** "Do not be \_\_\_\_\_, God is not mocked; for whatever a man sows, that he will also reap. For he who \_\_\_\_\_ to his \_\_\_\_\_ will of the flesh \_\_\_\_\_, but he who sows to the Spirit will of the Spirit reap everlasting life."

• **Galatians 5:19-21** "Now the works of the \_\_\_\_\_ are evident, which are: \_\_\_\_\_, \_\_\_\_\_ (sexual sins), uncleanness, licentiousness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath (hot temper), selfish ambitions, dissensions, heresies (false religions), envy, \_\_\_\_\_, drunkenness, revelries, and the like....."

**Definition: "By means of a HARLOT a man is reduced to a crust of bread"** - A harlot is a prostitute, but this means that a life spent in sexual immorality, adultery, and fornication of ANY kind, not just paying for a prostitute, will lead to poverty and ruin ("reduced to a crust of bread"). We all know the story Jesus told about "The Prodigal Son" (Luke 15:11-24), but how many times have we looked at the elder brother who was angry with his father for welcoming the younger son back? It is

interesting that **the elder brother just ASSUMED that his brother had WASTED their father's money on HARLOTS.**

•**Luke 15:29-30** “So he answered and said to his \_\_\_\_\_, ‘Lo, these many years I have been serving you; I never transgressed your commandment at any time; and yet you never gave me a young goat, that I might make merry with my friends. But as soon as this \_\_\_\_\_ of yours came, who has \_\_\_\_\_ your \_\_\_\_\_ with \_\_\_\_\_, you killed the fatted calf for him.’”

**Definition:** “An **ADULTERESS will PREY upon his precious LIFE**” – Romans 8:13 says, “For if you live **according to the flesh, you will DIE.**” James 1:14-15 says, “But each one is **TEMPTED** when he is **drawn away by his own DESIRES and ENTICED.** Then, when desire has conceived, it gives birth to sin; and **SIN, when it is FULL-GROWN, brings forth DEATH.**” **ALL SIN will eventually bring forth death, but the sin off ADULTERY is the focus** here in Proverbs. Just because you do not see the consequences happening immediately in your life or in someone else's life, doesn't mean that you or they are getting away with anything. This is what it means by “Do not be deceived, God is not mocked.” **You can't fool God, and the consequences will catch up with you eventually.** Ecclesiastes 8:11 says, “Because **the sentence against an evil deed is not executed quickly,** therefore the hearts of the sons of men among them are given fully to do evil.” Some people, especially the unsaved, but also some Christians, think they are getting away with their sin. **They think that the harvest time will never come** where they will reap their crop of corruption. Don't be a fool! The extreme consequences of being a fool and disregarding God's warnings are mentioned everywhere in Proverbs, and in all of the word of God.

•**Romans 8:13** “For if you \_\_\_\_\_ according to the \_\_\_\_\_, you will \_\_\_\_\_; but if by the \_\_\_\_\_ you put to death the \_\_\_\_\_ of the \_\_\_\_\_, you will \_\_\_\_\_.”

•**Proverbs 13:14-15** “The law of the wise (God's wisdom) is a fountain of \_\_\_\_\_, to turn one \_\_\_\_\_ from the \_\_\_\_\_ of \_\_\_\_\_. Good understanding gains favor, but the \_\_\_\_\_ of the \_\_\_\_\_ is \_\_\_\_\_.”

**Definition:** “Can a man take **FIRE to his bosom, and his clothes not be BURNED?**” – **This is another WARNING of the CONSEQUENCES of sin, and in this case, ADULTERY.** Just as you can't carry fire and hug it close to your chest without getting burned, you can't keep committing sin without suffering the consequences. God's word warns us that if we sow to our sinful, fleshly nature, **we will reap corruption,** which is **sin, confusion, emotional turmoil, broken families, financial problems, disease, and even early physical death.** Jesus said, “That which is born of the flesh is flesh, and that which is born of the Spirit is spirit” (John 3:6). Some Christians think they can live any old way they want to, **continually sowing to their flesh,** because they know God will forgive their sins if they belong to Jesus Christ, and they will still go to heaven. That's true, if they are truly saved, but a life of sin and living in the flesh, with its consequences of corruption, may make the journey to heaven very difficult. Jesus did not just die on the cross to give us fire insurance from hell, but also to give us **an ABUNDANT LIFE here on earth** (John 10:10). We will not experience that abundant life if we continue to wallow in sin and disobedience to God, and sow seeds of corruption to our flesh. Whether the seeds are seeds of **alcoholism, drug addiction, overeating, sexual sins** (ADULTERY is ANY sexual activity other than between a man and woman married to each other), **anxiety and fear, bitterness and anger, or something else, they all bring “fruit after their own kind” in the form of disease, early death, severe consequences such as prison in some cases, broken relationships, dysfunctional families, and the like.**

•**Proverbs 6:32** “Whoever commits \_\_\_\_\_ with a woman lacks understanding; he who does so \_\_\_\_\_ his own \_\_\_\_\_.”