

# “Love Lifted Me Recovery Ministries”

## Favorite Proverbs Bible Study - Part 1

### Proverbs 14:10-21 Lesson #15

\*\*INSTRUCTIONS: Read the entire section of Scripture in Proverbs before starting to look up the other Scripture verses and filling in the blanks. Pray and ask the Holy Spirit to give you understanding as you read God’s word.  
Most Scriptures are from the New King James Version.

10-11 **The HEART knows its own BITTERNESS**, and a stranger does not share its joy. The house of the wicked will be overthrown, but the tent of the upright will flourish.

• **I Samuel 1:9-10 & 13-16** “So Hannah arose after they had finished eating and drinking in Shiloh. Now Eli the priest was sitting on the seat by the doorpost of the tabernacle of the Lord. And she was in \_\_\_\_\_ of \_\_\_\_\_, and \_\_\_\_\_ to the \_\_\_\_\_ and \_\_\_\_\_ in anguish.” (Verses 13-16)  
“Now Hannah spoke in her \_\_\_\_\_; only her lips moved, but her voice was not heard. Therefore Eli thought she was \_\_\_\_\_. So Eli said to her, ‘How long will you be drunk? Put your wine away from you.’ And Hannah answered and said, ‘No, my lord, I am a woman of \_\_\_\_\_. I have drunk neither wine nor intoxicating drink, but have \_\_\_\_\_ out my \_\_\_\_\_ before the \_\_\_\_\_. Do not consider your maidservant a wicked woman, for out of the \_\_\_\_\_ of my \_\_\_\_\_ and \_\_\_\_\_ I have spoken until now.’”

**Definition: “The HEART knows its own BITTERNESS”** – There are many times when we want to say something to comfort another person when they are going through difficult times, but ultimately, only **God knows their situation, and only He can really give them the comfort they need.** Paul does tell us to “rejoice with those who rejoice and weep with those who weep” but there are times when words may not help, but maybe just a hug and “being there” will.

• **I Kings 8:38-39** “Whatever \_\_\_\_\_, whatever supplication is made by anyone, or by all Your people Israel, when \_\_\_\_\_ knows the \_\_\_\_\_ of his own \_\_\_\_\_, and spreads out his hands toward this temple; then hear in heaven Your dwelling place, and forgive, and act, and \_\_\_\_\_ to \_\_\_\_\_ according to \_\_\_\_\_ his \_\_\_\_\_, whose \_\_\_\_\_ You \_\_\_\_\_ (for You \_\_\_\_\_ the \_\_\_\_\_ of \_\_\_\_\_ the \_\_\_\_\_ of \_\_\_\_\_).”

**Romans 12:15** “\_\_\_\_\_ with those who \_\_\_\_\_, and \_\_\_\_\_ with those who \_\_\_\_\_.”

12 There is a way that **SEEMS RIGHT to a man, but its END is the way of DEATH.**

• **Proverbs 16:25** “There is a \_\_\_\_\_ that \_\_\_\_\_ to a man, but its \_\_\_\_\_ is the \_\_\_\_\_ of \_\_\_\_\_.”

• **Ephesians 5:11** “And have no fellowship with the \_\_\_\_\_ works of \_\_\_\_\_, but rather expose them.”

• **Romans 7:5** “For when we were in the \_\_\_\_\_, the \_\_\_\_\_ of \_\_\_\_\_ which were aroused by the law were at work in our members to bear \_\_\_\_\_ to \_\_\_\_\_.”

• **I John 2:28** “And now, little children, abide in Him, that when He appears, we may have confidence and \_\_\_\_\_ be \_\_\_\_\_ before Him at His coming.”

**Definition: “A way that SEEMS RIGHT to a man, but its END is the way of DEATH”** – Jesus said that **MANY people will NOT follow Him, but will THINK they are okay, but their way is really**

**leading to destruction and DEATH.** It may SEEM right to them, but it is NOT God's way, and it will lead to **ETERNAL death in hell** if they do not repent and turn to Christ.

• **Romans 6:20-21** "For when you were \_\_\_\_\_ of \_\_\_\_\_, you were free in regard to righteousness. What \_\_\_\_\_ did you have then in the \_\_\_\_\_ of which you are now \_\_\_\_\_? For the \_\_\_\_\_ of those \_\_\_\_\_ is \_\_\_\_\_."

• **Matthew 7:13** "Enter by the \_\_\_\_\_ gate; for \_\_\_\_\_ is the gate and broad the \_\_\_\_\_ that leads to \_\_\_\_\_, and there are \_\_\_\_\_ who go in by it."

**Definition: "FRUIT"** — In this context, fruit means BENEFIT. In other words, WHAT GOOD did you get out of those things of which you are now ASHAMED? Were they BENEFICIAL to your life, or DESTRUCTIVE?

13-14 Even in laughter the heart may sorrow, and the end of mirth may be grief. **The BACKSLIDER in HEART will be filled with HIS OWN ways**, but a good man will be satisfied from above.

• **Jeremiah 3: 12 & 14** "Go and proclaim these words toward the north, and say, 'Return, \_\_\_\_\_ Israel,' says the Lord, 'And I will not cause my \_\_\_\_\_ to fall on you; for I am \_\_\_\_\_,' says the Lord. 'And I will \_\_\_\_\_ remain \_\_\_\_\_ forever.'" (Verse 14) "Return, O \_\_\_\_\_ children,' says the Lord; 'for I am \_\_\_\_\_ to you. I will take you, one from a city and two from a family, and I will bring you to Zion.'"

**Definition: "The BACKSLIDER in HEART will be filled with HIS OWN ways"** – A backslider is basically a person who WAS making some improvement in their life, following Jesus and growing in their faith, and then they slid BACK downwards or backwards. This could be sliding back into OLD HABITS, or just pride and self-sufficiency. The Bible gives us clear instructions on what to look for, because **when pride slips in, we begin to listen to the enemy (I Peter 5:6-9)**. We will without a doubt feel good about OUR OWN efforts and accomplishments, even about our walk with the Lord, only to fall into failure, disappointment, feelings of worthlessness, depression. The key point here is to recognize these problems before they turn into **"relapse" (the recovery term) or "backsliding" (the Bible term)**. Whichever term you use, the cause and result are the same - we start feeling sorry for ourselves, maybe even have a pity party: "Woe is me!" "The program doesn't work" "It's just no use, I can't get over it, no matter how hard I try!" It is at this point that you must ask yourself, "Why and for whom am I trying to get better?" If it is for any other reason than for yourself and for God, and to do what God wants in your life, you will have problems. How can you expect to succeed when you have "left your First Love" - Jesus, and have been committed more to the creation than the Creator (Rev. 2:4)? You have tried to work it out yourself, but remember, God's word admonishes us to "lean NOT on our own understanding, but in all our ways acknowledge Him" (Proverbs 3:5-6). If we "delight ourselves" in Him, He will give us the desires of our heart (Psalm 37:5-6). It is when we lean and rely on our own understanding that "stinkin' thinkin'" creeps in, always prompted by our very subtle enemy. We no longer need to live in any type of bondage, even in this fallen world - the price for our freedom has been paid in full! **The GOOD NEWS is that God is just waiting for the backslider to REPENT and CONFESS his sins and turn back to Him, and He will forgive and heal that person.**

• **Jeremiah 3: 22** "Return, you \_\_\_\_\_ children, and I will \_\_\_\_\_ your \_\_\_\_\_."

• **I John 1:9** "If we \_\_\_\_\_ our \_\_\_\_\_, He is \_\_\_\_\_ and \_\_\_\_\_ to \_\_\_\_\_ us our \_\_\_\_\_ and to \_\_\_\_\_ us from \_\_\_\_\_."

15-17 the simple believes every word, but the prudent man considers well his steps. A wise man fears and departs from evil, but a **FOOL RAGES and is self-confident. He who is quick-TEMPERED acts FOOLISHLY**, and a man of wicked intentions is hated.

• **Proverbs 22:24** “Make no friendship with an \_\_\_\_\_ man, and with a \_\_\_\_\_ man do not go, lest you learn his ways and set a \_\_\_\_\_ for your soul.”

• **Proverbs 14:29** “He who is \_\_\_\_\_ to \_\_\_\_\_ has great \_\_\_\_\_, but he who is \_\_\_\_\_ exalts \_\_\_\_\_.”

**Definition: “A FOOL RAGES and is self-confident. He who is quick-TEMPERED acts FOOLISHLY”** – Here is another statement about what makes a person a FOOL, and that is he or she cannot control their ANGER. They RAGE at other people or circumstances, and they are QUICK to lose their temper. **If you have a bad temper and are quick to get offended and be angry, it is a character defect or shortcoming, and it is something to can get rid of with God’s help.** We may call it being quick-tempered, or having a short fuse, but the Bible calls it being quick to take an offense, meaning quick to get angry. How a person “takes an offense” may differ according to their temperament, but it may be by becoming outwardly ANGRY (blowing up), becoming DEPRESSED and just wanting to give up (anger turned inward), being TEMPTED to commit a certain sin (acting out on the anger), or by smoldering and holding onto the anger (bitterness). The **person who is easily offended** may need to deal with the underlying spirit: a SPIRIT of OFFENSE. Just as Jesus dealt with a “spirit of infirmity” in a woman (Luke 13), and II Tim. 1:7 talks about a “spirit of fear” as not being from God, there is a **“spirit of offense”** or ANGER (Luke 9:55-56).

• **Luke 9:54-56** “And when His disciples James and John saw this, they said, ‘Lord, do you want us to command \_\_\_\_\_ to come down from heaven and \_\_\_\_\_ them, just as Elijah did?’ But He turned and \_\_\_\_\_ them, and said, ‘You do not know what manner of \_\_\_\_\_ you are of. For the Son of Man did not come to destroy men’s lives but to save them.’”

Jesus’ disciples had taken offense, and had become angry, **wanting revenge on these people.** Jesus tells them they are being **motivated by the wrong spirit**, a spirit of offense. Satan and his demons (the “wrong spirits”) can also influence us **IF we LET them.** This is why putting on the whole armor of God, especially the shield of faith, is so important, because we are in a state of warfare with these evil spirits, and the shield of faith extinguishes the “fiery darts” (thoughts, suggestions) of the evil one (Ephesians 6:10-18).

• **Ephesians 6:12-13** “For we do \_\_\_\_\_ wrestle against flesh and blood, but against principalities, against powers, against the \_\_\_\_\_ of the \_\_\_\_\_ of this age, against \_\_\_\_\_ hosts of \_\_\_\_\_ in the heavenly places. Therefore take up the whole \_\_\_\_\_ of \_\_\_\_\_, that you may be able to withstand in the evil day, and having \_\_\_\_\_ all, to \_\_\_\_\_.”

• **James 3:14-16** “But if you have \_\_\_\_\_ envy (anger) and self-seeking in your \_\_\_\_\_, do not boast and lie \_\_\_\_\_ the \_\_\_\_\_ (God’s truth). This wisdom does \_\_\_\_\_ descend from above (heaven), but is \_\_\_\_\_, sensual, \_\_\_\_\_. For where envy and self-seeking exist, \_\_\_\_\_ and every \_\_\_\_\_ thing will be there.”

• **I Corinthians 14:33** “For God is \_\_\_\_\_ the author of \_\_\_\_\_ but of peace....”

• **Proverbs 16:32** “He who is \_\_\_\_\_ to \_\_\_\_\_ is better than the mighty, and he who \_\_\_\_\_ his \_\_\_\_\_ than he who takes a city.”

18-19 **The simple inherit FOLLY, but the PRUDENT are crowned with knowledge.** The evil will bow before the good, and the wicked at the gates of the righteous.

**Definition:** “The simple inherit FOLLY, but the PRUDENT are crowned with knowledge” – **FOLLY** means foolishness or stupidity. It is the opposite of having God’s WISDOM. We can choose to obey God and get His WISDOM and PRUDENCE to carry us through LIFE successfully, or we can learn things the hard way, like Solomon did later in his life. **WISDOM** means to judge rightly and follow the soundest course of action, based on knowledge and good judgment. Prudence means careful management and economy. **PRUDENT** means exercising SOUND JUDGEMENT in practical matters, **circumspect**, cautious and discreet, or in other words, having WISDOM. **Wisdom, understanding and knowledge are the basic theme of the Book of Proverbs.**

• **Ephesians 5:15-17** “See then that you walk \_\_\_\_\_, not as \_\_\_\_\_ but as \_\_\_\_\_, redeeming the time, because the days are \_\_\_\_\_. Therefore do \_\_\_\_\_ be \_\_\_\_\_, but \_\_\_\_\_ what the \_\_\_\_\_ of the Lord is.”

• **Ephesians 1:15-18** “Wherefore, I (Paul) also, after I heard of your faith in the Lord Jesus, and love for all the saints,” Do not cease to give thanks for you, making mention of you in my \_\_\_\_\_; that the God of our Lord Jesus Christ, the Father of glory, may \_\_\_\_\_ to you the \_\_\_\_\_ of \_\_\_\_\_ and revelation in the \_\_\_\_\_ of \_\_\_\_\_; [that] the eyes of your understanding would be enlightened; that you may know what is the hope of His calling, and what are the riches of the glory of His inheritance in the saints.”

**Definition:** “**Circumspectly**” – To look around, be cautious, CAREFUL to consider all circumstances and **POSSIBLE CONSEQUENCES**. Sounds like another word for **wisdom and discernment**. Also, according to this verse in Ephesians, and throughout the Book of Proverbs, being WISE (having wisdom) is contrasted to being a FOOL.

• **Proverbs 18:2** “A \_\_\_\_\_ has no delight in \_\_\_\_\_, but [*only*] in expressing \_\_\_\_\_ heart (his own feelings and opinions).”

• **Proverbs 12:15** “The way of a \_\_\_\_\_ is right in his own eyes, but he who heeds (pays attention to) counsel is \_\_\_\_\_.”

20-21 The poor man is hated even by his own neighbor, but the rich has many friends. He who despises his neighbor sins; but **he who has MERCY on the POOR, HAPPY is he.**

• **Psalms 41:1-2** “\_\_\_\_\_ is he who considers the \_\_\_\_\_; the Lord will \_\_\_\_\_ him in time of \_\_\_\_\_. The Lord will \_\_\_\_\_ him and keep him alive, and he will be \_\_\_\_\_ on the earth; You will not deliver him to the will of his enemies.”

• **Proverbs 14:31** “He who oppresses the \_\_\_\_\_ reproaches his Maker, but he who honors Him has \_\_\_\_\_ on the \_\_\_\_\_.”

• **Ephesians 4:28** “Let him who stole \_\_\_\_\_ no longer, but rather let him labor, \_\_\_\_\_ with his \_\_\_\_\_ what is \_\_\_\_\_, that he may have \_\_\_\_\_ to \_\_\_\_\_ him who is in \_\_\_\_\_.”

• **I Timothy 6:17-19** “Command those who are \_\_\_\_\_ in this present world not to be haughty (proud), not to \_\_\_\_\_ in uncertain \_\_\_\_\_ but in the living God, who gives us richly all things to enjoy. Let them do \_\_\_\_\_, that they be rich in good works, ready to \_\_\_\_\_, willing to \_\_\_\_\_, storing up for themselves a good foundation for the time to come, that they may lay hold on eternal life.”

• **Deuteronomy 15:11** “For the \_\_\_\_\_ will \_\_\_\_\_ cease (stop) from the land; therefore I command you, saying, ‘You shall open your hand wide to your

brother, to your \_\_\_\_\_ and your \_\_\_\_\_, in your land.”