

“Love Lifted Me Recovery Ministries”

Favorite Psalms Bible Study - Part 2

Psalm 61:1-8 Lesson #5

**INSTRUCTIONS: Read the entire section of Scripture in Psalms before starting to look up the other Scripture verses and filling in the blanks. Pray and ask the Holy Spirit to give you understanding as you read God's word. Most Scriptures are from the New King James Version.

1-3 **Hear my cry, O God; attend to my prayer.** From the end of the earth I will cry to You, **when my HEART is OVERWHELMED; lead me to the ROCK that is higher than I.** For You have been a shelter for me, and **a strong TOWER from the enemy.**

•**Psalm 62:1-2** “Truly my soul silently waits for _____; from Him comes my _____; He only is my _____ and my salvation; He is my defense; I shall not be greatly moved.”

•**Proverbs 18:10** “The name of the _____ is a strong _____; the righteous run to it and are _____.”

•**Psalm 62:5-7** “My soul, wait silently for God alone, for my expectation is from Him; He only is my _____ and my _____; He is my _____; I shall not be moved. In God is my salvation and my glory; the _____ of my _____, and my _____ is in God.”

•**Psalm 77:1-3** “I _____ out to the _____ with my voice – to God with my _____; and He gave ear to me. In the day of my _____ I sought the _____; my hand was stretched out in the night without ceasing; my _____ refused to be comforted. I _____ God, and was troubled; I complained, and my _____ was _____.”

Definition: “When my HEART is OVERWHELMED; lead me to the ROCK” – To be overwhelmed means **you have too much happening in your life and it is more than you can handle.** In Psalm 77:1-3, we see a picture of a person worrying and crying out to God all night because they are in great trouble. **The ROCK is God Himself and Jesus Christ, and we must CRY out to Him and ask for help** in our times of need, especially when we are just emotionally worn out and tired of carrying our burdens by ourselves. **“The ROCK that is HIGHER than I”** reminds us of a “Higher Power” as they say in A.A. meetings, but we know that **the only REAL HIGHER POWER is the God of the Bible.**

•**Psalm 78:35** “Then they remembered that _____ was their _____, and the Most _____ God their redeemer.”

•**I Corinthians 10:1-3** “Moreover, brethren, I do not want you to be unaware that all our fathers were under the cloud, all passed through the sea, all were baptized into _____ in the cloud and in the sea, all ate the same spiritual food, and all drank the same spiritual drink. For they drank of that _____ that followed them, and that _____ was _____.”

4 I will **ABIDE in Your TABERNACLE forever; I will trust in the SHELTER of Your WINGS.**

•**Psalm 27:7** “For in the _____ of _____ He shall _____ me in His pavilion; in the secret _____ of His _____ He shall hide me; He shall set me high upon a _____.”

•**Psalm 91:4** “He shall _____ you with His _____, and under His _____ you shall take _____. His truth shall be your shield and buckler.”

•**Psalm 27:4** “One thing I have desired of the Lord, that will I _____; that

I may _____ in the _____ of the _____ all the days of my life.”

• **Psalm 23:6** “Surely _____ and _____ shall follow me all the days of my life; and I will _____ in the _____ of the Lord _____.”

• **Psalm 84:1-2** “How lovely is Your _____, O _____ of hosts! My soul longs, yes, even faints for the _____ of the _____; my heart and flesh cry out for the living _____.”

• **Psalm 84:4** “Blessed are those who _____ in Your _____; they will still be _____ You. Selah.”

• **Psalm 84:10** “For a day in Your _____ is better than a thousand. I would rather be a doorkeeper in the _____ of my _____ than to _____ in the _____ of wickedness.”

Definition: “That I may DWELL in the HOUSE of the LORD all the DAYS of my LIFE” – This has a double meaning: 1.) David desired to be close to the Lord always, and he expressed that by saying he desired to be in God’s house, the tabernacle, here on earth; and 2.) This also speaks of living with the Lord forever in heaven. David did not have a lot of knowledge about heaven itself, but he used the idea of “dwelling in the house of the Lord” as a figure of speech, meaning to live in heaven with Him.

• **John 14:2-3** “In My _____ are many mansions; if it were not so, I would have told you. I go to _____ a _____ for you. And if I go and prepare a _____ for you, I will _____ and receive you to Myself; that where I am, there _____ may _____ also.”

Definition: “I GO to PREPARE a PLACE for YOU” — What a blessed assurance to KNOW that Jesus is preparing a place for ME and for YOU in heaven! Jesus’ disciples knew what He was referring to, because in the Jewish culture of that day, when a man wanted to marry a woman, he would first **build an addition onto his father’s house**, and this would be where he would bring his new bride. **Jesus is the Bridegroom, and the church is His bride, so He is going to His “Father’s house” to prepare a place to receive His bride. When a believer in Jesus Christ dies, you go directly into the presence of Jesus Himself in heaven.** Paul says in II Corinthians 5:6-8, that if you are ABSENT from your earthly, physical body, you are PRESENT with the Lord. This means that your SPIRIT will leave your body at DEATH, and the physical body that gets buried in the ground, or burned up in a fire, or whatever happens to it, is only an empty shell. **Your spirit, the REAL YOU**, goes instantly to be with Jesus. Later, Jesus will come again, at the Resurrection Day, and your spirit will be reunited with **your new RESURRECTION BODY** that can live for eternity with God.

• **II Corinthians 5:6-8** “Therefore we are always confident, knowing that while we are at _____ in the _____ we are _____ from the Lord. For we walk by faith, not by sight. We are confident, yes, well pleased rather to be _____ from the _____ and to be _____ with the Lord.”

Definition: “I will trust in the SHELTER of Your WINGS” – Does God have wings? Is he some kind of bird? No, this is just a **picture of something that we as human beings can understand** about God’s protection. Most of the people in those days were farmers, and they knew very well that a mother hen would **cover her chicks with her wings to protect them from any kind of danger.**

• **Psalm 57:1** “Be merciful to me, O God, be merciful to me! For my soul _____ in _____; and in the _____ of Your _____ I will make my _____, until these calamities have passed by.”

•Psalm 63:7 "Because _____ have been my help, therefore in the _____ of Your _____ I will rejoice."

Definition: "In the TIME of TROUBLE He shall HIDE me in His pavilion; in the SECRET PLACE"

- David wrote this Psalm, and his idea of the safest place to be was in God's temple or tabernacle (also called a pavilion). He also called it a "secret place" because it was where he would meet with God in prayer and for safety from his enemies. Yes, David had enemies: in his earlier years, King Saul was jealous of him and tried to kill him many times. Later on in life, David's own son Absalom tried to take over the throne and kill David. Today, we may or may not have human enemies, but **we certainly have a spiritual enemy in Satan. Our SAFEST PLACE is always in the presence of Almighty God.** We do not have an earthly temple anymore, but each individual Christian is a "temple" of the Holy Spirit, and we make contact with God by prayer and studying His word.

•Psalm 31:20 "You shall _____ them in the _____ place of Your _____ from the plots of man; You shall keep them _____ in a _____ from the strife of tongues."

•Psalm 91:2-3 "I will say of the Lord, He is my _____ and my _____: my God; in Him will I trust. Surely He shall _____ you from the snare (trap) of the fowler (Satan), and from the _____ pestilence."

5 For You, O God, have heard my vows; **You have given me the HERITAGE** of those who fear Your Name.

•Psalm 16:5-6 "You, O Lord, are the portion of my _____ and my cup; You maintain my lot. The lines have fallen to me in pleasant places; yes, I have a good _____."

•Colossians 3:22-25 "Servants, _____ in _____ your masters according to the flesh, not with eyeservice, as men-pleasers, but in _____ of heart, fearing _____. And whatever you do, do it heartily, as to the _____ and not to men, knowing that from the _____ you will receive the reward of the _____; for you serve the Lord Christ."

Definition: "You have given me the HERITAGE" - Heritage and inheritance are basically the same thing. A person may INHERIT something valuable from another person when they die, and when it is handed down from generation to generation, that is considered a HERITAGE. **Jesus DIED, and left us our INHERITANCE, which is listed in His word, the Bible.** Jesus ROSE from the dead, and He now administers our inheritance or heritage to us as we OBEY and FOLLOW Him.

•Matthew 25:34-36 "Then the King (Jesus) will say to those on his right hand, 'Come, you _____ of My Father, _____ the _____ prepared for you from the foundation of the world; for I was _____ and you gave Me _____; I was thirsty and you gave Me _____; I was a stranger and you took Me in; I was _____ and you _____ me; I was sick and you visited Me; I was in prison and you came to Me.'"

•Psalm 37:34 "_____ on the _____, and keep His way, and He shall exalt you to _____ the _____...."

6-7 **You will PROLONG the king's LIFE**, his years as many generations. He shall abide before God forever. Oh, prepare mercy and truth, which may preserve him!

•Ephesians 6:1-3 "Children, _____ your parents in the Lord, for this is right. '_____ your father and mother,' which is the first commandment with _____; 'That it may be well with you and you may _____"

_____ on the earth.”

• **Proverbs 3:1-2** “My _____, do not forget my law, but let your heart keep my commands; for _____ of days and _____ they will add to you.”

• **Psalm 34:11-14** “Come, you _____, listen to me; I will teach you the fear of the Lord. Who is the man who desires _____, and loves _____ that he may see _____? Keep your tongue from evil, and your lips from speaking guile. Depart from evil, and do _____; seek _____, and pursue it.”

Definition: “You will PROLONG the king’s LIFE” – David wrote this Psalm, so the immediate meaning is that he is talking about himself, King David. However, this promise of LONG LIFE belongs to every believer in Jesus Christ today, because God has made each of us to be KINGS and PRIESTS of God in Christ (Rev. 1:6). Also, II Corinthians 1:21 tells us that ALL the PROMISES of God belong to us, they are “Yes and amen” to all believers in Jesus.

• **Psalm 91:14-16** “Because he has set his _____ upon _____, therefore I will deliver him; I will set him on high, because he has known My name. He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and _____ him. With _____ I will satisfy him, and show him My salvation.”

Definition: “Commandment with a promise” — Keeping God’s commandments does not EARN us our salvation (salvation is by faith in Jesus Christ ONLY), but obedience AFFECTS the QUALITY of our lives here on EARTH, and the LENGTH of our lives.

8 **So I will SING PRAISE to Your NAME forever**, that I may daily perform my vows.

• **Psalm 34:1** “I will _____ the _____ at _____ times; His _____ shall _____ be in my _____.”

• **Psalm 148:13** “Let them _____ the _____ of the _____, for his name alone is _____; His _____ is _____ the _____ and _____.”

Definition: “I will SING PRAISE to Your NAME forever” – When David says, “daily perform my vows” he was speaking of the many animal sacrifices and other sacrifices the Israelites were commanded to give to God DAILY. We no longer offer animal sacrifices as they did in the Old Testament, but **our sacrifices to God are when we willingly give Him PRAISE and THANKS**, even in hard times and difficult situations. We would like to gripe, complain, blame or question God, but **when we just PRAISE and THANK HIM in spite of everything**, it shows that we trust Him to be working it all out for our good.

• **Ephesians 5:19-20** “Speaking to one another psalms and hymns and spiritual songs, _____ and making melody in your heart to the _____. Giving _____ for _____ things to _____ the _____ in the name of our Lord _____.”

• **I Thessalonians 5:18** “In everything _____; for this is the _____ of God in Christ Jesus for _____.”

• **Hebrews 13:15** “Therefore by Him (Jesus Christ) let us continually _____ the _____ of _____ to God, that is the _____ of our _____, giving _____ to His _____.”