

“Love Lifted Me Recovery Ministries”

Favorite Psalms Bible Study - Part 2

Psalm 95:1-7a

Lesson #8

**INSTRUCTIONS: Read the entire section of Scripture in Psalms before starting to look up the other Scripture verses and filling in the blanks. Pray and ask the Holy Spirit to give you understanding as you read God’s word. Most Scriptures are from the New King James Version.

1-2 Oh come, **let us sing to the Lord!** Let us shout joyfully to **the Rock of our salvation.** Let us come before His presence with **THANKSGIVING**; let us shout **JOYFULLY** to Him with **PSALMS.**

• **Ephesians 5:19-20** “Speaking to one another _____ and _____ and spiritual _____, _____ and making _____ in your heart to the Lord. Giving _____ always for _____ things to God the Father in the name of our Lord Jesus Christ,”

• **I Thessalonians 5:18** “In everything _____; for this is the _____ of God in Christ Jesus for _____.”

• **Acts 16:24-25** “Having received such a charge, he put them into the inner _____ and fastened their feet in the stocks. But at midnight Paul and Silas were _____ and _____ to God, and the [other] prisoners were _____ to them.”

• **Psalm 34:1** “I will bless the _____ at _____; His _____ shall _____ be in my mouth.”

• **James 5:13** “Is anyone among you suffering? Let him _____. Is anyone cheerful? Let him _____.”

• **Psalm 62:1-2** “Truly my soul silently waits for _____; from Him comes my _____; He only is my _____ and my _____; He is my defense; I shall not be greatly moved.”

Definition: “The ROCK of our salvation” – Another name for God is “our Rock”, which points to His steadfastness, and that He is solid, dependable and immovable. In the New Testament, Jesus is also called the Rock. Psalm 61:1-2 says, “when my HEART is OVERWHELMED; lead me to the ROCK that is higher than I.” **“The ROCK that is HIGHER than I”** reminds us of a “Higher Power” as they say in A.A. meetings, but we know that **the only REAL HIGHER POWER is the God of the Bible.**

• **I Corinthians 10:1-4** “Moreover, brethren, I do not want you to be unaware that all our fathers were under the cloud, all passed through the sea, all were baptized into Moses in the cloud and in the sea, all ate the same _____, and all _____ the same _____. For they drank on that _____ that followed them, and that _____ was _____.”

• **Psalm 28:1** “To _____ I will _____, O _____ my _____; do not be silent to me, lest, if You are silent to me, I become like those who go down to the pit.”

• **Psalm 89:26** “He shall cry to _____, ‘You are my Father, my _____, and the _____ of my _____.’”

• **Psalm 62:5-7** “My soul, wait silently for God alone, for my expectation is from Him; He only is my _____ and my _____; He is my _____; I shall not be moved. In God is my salvation and my glory; the _____ of my _____, and my _____ is in _____.”

Definition: “Giving thanks ALWAYS for ALL THINGS” — This is a matter of TRUST. If you do not

TRUST God to be WORKING ALL THINGS together for your GOOD (Romans 8:28), then you WON'T BE ABLE to give Him thanks for EVERYTHING that is happening or has happened in your life.

3-5 For the Lord is the great God, and the great King above all gods. **In His hand are the DEEP places of the earth**; the heights of the hills are His also. **The SEA is His, for He made it; and his hands formed the DRY LAND.**

•**Psalm 36:5-6** "Your mercy, O Lord, is in the heavens, and Your faithfulness reaches to the clouds. Your righteousness is like the mighty _____; Your judgments are a great _____; O Lord, You preserve man and beast."

•**Genesis 1:6-10** "Then God said, 'Let there be a _____ in the midst of the _____, and let it _____ the _____ from the _____.' Thus God made the firmament, and _____ the _____ which were _____ the firmament from the waters which were _____ the _____; and it was so. And God called the firmament _____. So the evening and the morning were the second day. Then God said, 'Let the _____ under the heavens be gathered together into one place, and let the _____ land appear'; and it was so. And God called the _____ land _____, and the gathering together of the _____ He called _____. And God saw that it was good."

6 Oh come, **let us WORSHIP and BOW down; let us KNEEL before the Lord** our Maker.

•**John 9:38** "Then he said, "_____, I believe!" And he _____ Him."

•**Revelation 22:8-9** "Now I, John, saw and heard these things. And when I heard and saw, I fell down to _____ before the feet of the _____ who showed me these things. Then he said to me, 'See that you DO _____ DO _____. For I am your fellow servant, and of your brethren the prophets, and of those who keep the words of this book. _____ God.'"

Definition: "And he WORSHIPED Him" — Everywhere in the Bible, Old Testament and New Testament, we are told to ONLY WORSHIP GOD (Deut. 6:13), and yet **Jesus accepted worship over and over**. If Jesus were not TRULY God, He would not have accepted people's worship. If Jesus were anything LESS than God, such as just a man, or an angel, He would have REFUSED to have people worship Him (see Rev. 22:8-9).

•**Matthew 4:10** "Then Jesus said to him, 'Away with you, Satan! For it is written, 'You shall _____ the _____ your _____, and Him _____ you shall serve.'"

•**Revelation 1:8 & 17-18** "I am the Alpha and the Omega, the Beginning and the End,' says the Lord, 'Who is and who was and who is to come, the _____.' (Verses 17-18) "And when I saw Him, I _____ at His _____ as dead. But He laid His right hand on me, saying to me, 'Do NOT be AFRAID; I (Jesus) am the _____ and the _____. I am He who _____, and was _____, and behold, I am alive _____. Amen. And I have the Keys of Hades and of Death.'"

•**Revelation 5:12-14** "Saying with a loud voice: 'Worthy is the Lamb (Jesus) who was _____ to _____ power and riches and wisdom, and strength and _____ and _____ and _____!' And every creature which is in heaven and on the earth and under the earth and such as are in the sea, and all that are in them, I heard saying, '_____ and _____ and _____ and power be to Him who sits on the throne, and to the _____,

forever and ever!' And the four living creatures said, 'Amen!' and the twenty-four elders
_____ down and _____ Him who lives _____ and
_____."

Definition: "Let us KNEEL before the Lord" – Kneeling and bowing down to the Lord are one way to pray. The Bible mentions many ways we can pray.

- **Timothy 8** "Therefore I desire that the men _____ everywhere, _____ up holy _____, without wrath and doubting."
- **Ephesians 3:14-15** "For this reason, I _____ my _____ to the _____ of our Lord Jesus Christ, from whom the whole family in heaven and earth is named."

Definition: "PRAY everywhere, LIFTING up holy HANDS" – Is Paul giving some kind of COMMANDMENT of HOW we should pray? I don't think so. **Lifting up our hands to pray is only ONE of the types of prayer "positions" you might call them, that are mentioned in the Bible. Some places, we see that people bow their heads, kneel, or even lie flat on the ground to pray before a holy God.** When Paul says "holy" hands, he is more concerned that the person praying is in a right relationship with God, their sins are confessed, and there is **no barrier of sin between that person and the Lord.**

- **I Kings 8:54** "And so it was, when Solomon had finished _____ all this _____ and supplication to the _____, that he _____ from before the altar of the Lord, from _____ on his _____ with his _____ spread up to _____."
- **II Chronicles 6:12** "Then Solomon _____ before the altar of the Lord in the presence of all the congregation of Israel, and _____ out his _____ (for Solomon had made a bronze platform five cubits long, five cubits broad, and three cubits high, and had set it in the midst of the court; and he stood on it, _____ on his _____ before all the congregation of Israel, and _____ out his _____ toward heaven."
- **Matthew 26:39** "He went a little farther and _____ on His _____, and _____, saying, 'O My _____, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will.'"
- **Luke 22:40-42** "When He came to the place, He said to them, '_____ that you may not enter into temptation.' And He was withdrawn from them about a stone's throw, and he _____ and _____, saying, 'Father, if it is Your will, remove this cup from Me; nevertheless not My will but Yours be done.'"
- **Acts 9:40** "But _____ put them all out, and _____ and _____. And turning to the body, he said, 'Tabitha, arise.' And she opened her eyes, and when she saw Peter she sat up."

7 For He is our God, and we are **the people of His PASTURE, and the SHEEP of His HAND.**

- **John 10:11-13** "I am the good _____. The good _____ gives His _____ for the _____. But he who is a hireling and not the shepherd, one who does not _____ the _____, sees the wolf coming and leaves the sheep and flees; and the wolf catches the sheep and scatters them. The hireling flees because he is a hireling and does not care about the _____."
- **Ezekiel 34:11-12** "For thus says the Lord God, 'Behold, I _____ will search for My _____ and seek them out. As a shepherd _____ for his herd in the day when he is among his scattered _____, so I will _____ for My _____ and will _____ them from all the places to which they

were scattered on a cloudy and gloomy day.”

•**Read Luke 15:3-7** “So He spoke this parable (a story illustrating something about God) to them saying, ‘What man of you, having a hundred _____, if He _____ one of them, does not leave the ninety-nine in the wilderness, and go after the _____ which is _____ until He finds it? And when He has _____ it, He lays it on His shoulders, _____. And when He comes home, He calls together His _____ and neighbors, saying to them, ‘ _____ with Me, for I have _____ My _____ which was lost!’ I say to you that likewise (in the same way) there will be more _____ in _____ over one _____ who _____ than over ninety-nine just persons who need no repentance.’”

Definition: “The people of His PASTURE, and the SHEEP of His HAND” – God has often used the picture of sheep and shepherd when referring to His people. In the New Testament, we see the Good Shepherd is more specifically Jesus, who is God in the flesh.

•**John 10:27-29** “My _____ hear My voice, and I know them, and they follow Me. And I give them _____ life, and they shall _____ perish; neither shall anyone snatch them out of My _____. My Father who has given them to Me, is greater than all; and _____ is able to snatch them out of My Father’s _____.”

•**John 10:9** “I am the door. If anyone enters by _____, he will be _____, and will go in and out and find _____.”

•**Ezekiel 34:14-16** “I will feed them in a good _____, and their grazing ground will be on the mountain heights of Israel. There they will lie down in good grazing ground, and they will _____ in rich _____ on the mountains of Israel. I will _____ My _____ and I will lead them to _____,’ declares the Lord God. ‘I will seek the lost, bring back the scattered, bind up the _____, and strengthen the sick; but the fat and the strong I will destroy. I will feed them with Judgment.’”

•**John 21:15-17** “So when they had eaten breakfast, Jesus said to Simon Peter, ‘Simon, son of Jonah, do you _____ Me more than these?’ He said to Him, ‘Yes, Lord; You know that I _____ You.’ He (Jesus) said to him, ‘ _____ My _____.’ He said to him again a second time, ‘Simon, son of Jonah, do you _____ Me?’ He said to Him, ‘Yes, Lord, You _____ that I _____ You.’ He said to him, ‘Tend My _____.’ He said to him the third time, ‘Simon, son of Jonah, do you _____ Me?’ Peter was grieved because He said to him the third time, ‘Do you love Me?’ And he said to Him, “Lord, You know all things; You know that I _____ You.’ Jesus said to him, ‘ _____ My _____.”

Definition: “GO IN and OUT and find PASTURE” — “Going in and out” is talking about the **FREEDOM** we have as believers in Jesus Christ, and “finding pasture” is talking about the **BLESSINGS** we can receive. This freedom and these blessings BELONG to ALL Believers in Jesus Christ, but they are **only EXPERIENCED by those who OBEY** and FOLLOW their Master, the Good Shepherd. If a Believer, one of Jesus’ “sheep” goes astray (is rebellious and disobedient), he will end up in trouble. Sheep can get themselves entangled in thorny places, can be attacked by wolves, and can eat the wrong food and make themselves sick - all because they are not FOLLOWING the SHEPHERD.

•**II Corinthians 3:17** “Now the _____ is the _____; and where the _____ of the Lord is, there is _____.”

•**Isaiah 53:6** “All we like _____ have _____; we have turned, every one, to his _____; and the Lord has laid on Him (Jesus) the _____ of us _____.”