

“Love Lifted Me Recovery Ministries”

Favorite Psalms Bible Study - Part 2

Psalm 103:1-6 Lesson #10

**INSTRUCTIONS: Read the entire section of Scripture in Psalms before starting to look up the other Scripture verses and filling in the blanks. Pray and ask the Holy Spirit to give you understanding as you read God's word. Most Scriptures are from the New King James Version.

1 **BLESS the Lord, O my soul;** and all that is within me, **BLESS His HOLY NAME!**

• **Ephesians 1:3** “_____ be the _____ and _____ of our Lord Jesus Christ, who has _____ blessed us with every spiritual blessings in heavenly places _____;”

• **Psalm 145:8-10** “The Lord is _____, and full of _____; slow to anger, and great in _____. The Lord is _____ to all; and His _____ are over all His works. All Your works shall _____ You, O Lord, and Your saints shall _____ You.”

• **Psalm 34:1** “I will _____ the Lord at _____; His _____ shall _____ be in my mouth.”

Definition: “BLESS His HOLY NAME” – To bless the Lord is the same as to **PRAISE the Lord.**

• **Psalm 113:2-3** “_____ be the _____ of the _____ from this time forth and _____! From the rising of the sun to its going down the _____ is to be _____.”

• **Psalm 104:1** “_____ the _____, O my soul! O Lord my God, You are very _____; You are clothed with _____ and _____.”

• **Psalm 104:35** “_____ the _____, O my soul! _____ the _____!”

• **Hebrews 13:15** “Therefore by Him let us continually _____ the _____ of _____ to God, that is the _____ of our _____, giving _____ to His name.”

• **I Thessalonians 5:18** “In everything _____; for this is the _____ of God in Christ Jesus for _____.”

2-4 Bless the Lord, O my soul; and **FORGET not all His BENEFITS:** who forgives all your iniquities, who heals all your diseases, who redeems your life from destruction, who crowns you with **LOVINGKINDNESS and TENDER MERCIES.**

• **Psalm 107:19-20** “Then they cried out the Lord in their trouble, and He saved them out of their _____. He sent His _____, and _____ them, and _____ them from their _____.”

• **Matthew 8:17** “That it might be fulfilled which was spoken by Isaiah the prophet, saying, ‘Himself _____ our infirmities, and _____ our _____.’”

• **James 5:14-16** “Is any among you _____? Let him call for the elders of the church, and let them _____ over him, anointing him with _____ in the name of the _____; and the _____ of _____ will _____ the one who is _____, and the _____ will _____ him up, and if he has committed _____, they will be _____ him.”

Definition: "FORGET not all His BENEFITS" – Then follows a list of just SOME of the **benefits, or BLESSINGS** we have as Believers. For a **complete list** of the BLESSINGS God gives us so FREELY and ABUNDANTLY in CHRIST, read the entire New Testament!! It is like the "Last Will and TESTAMENT of Jesus Christ", and He has given us **many wonderful PROMISES**. Read it as if you were reading a WILL, to see what your inheritance would be.

• **John 10:10** Jesus says, "...I am come that they might have _____, and that they may have it _____."

• **Romans 8:32** "He that spared _____ His own _____, but delivered Him up for us all, how shall _____ not with _____ also freely give us _____?"

• **II Peter 1:4** "By which have been _____ to _____ exceedingly great and precious _____, that through these (promises) _____ may be _____ of the _____, having escaped the corruption that is in the world through lust."

• **Matthew 15:30** "And great multitudes came unto _____, having with them those that were _____, _____, _____, _____, and many others, and cast them down at _____ feet, and He _____."

Definition: "LOVINGKINDNESS and TENDER MERCIES" – These would be **some of the characteristics of God**: His kindness, His compassion, His tenderness in CARING for His people, His mercy in NOT punishing us for our sins, and His GRACE in GIVING US the BLESSINGS we DO NOT deserve. We, as Believers in Jesus Christ, are to demonstrate these same characteristics, and they are called **the FRUIT of the SPIRIT**. No, we can't have these characteristics in ourselves and in our own power, **we need the HOLY SPIRIT and His power** to produce this fruit in our lives.

• **Psalm 51:1-2 & 10** "Have mercy on me, O _____, according to Your _____, according to the multitude of Your _____ blot out my transgressions (sins); _____ me thoroughly from my iniquity, and _____ me from my _____." (Verse 10)
" _____ in me a clean _____, O God, and renew a steadfast _____ within me."

• **Psalm 25:6** "Remember, O Lord, Your _____ and Your _____, for they have been from of old."

• **Colossians 3:12-14** "Therefore, as the elect of God, holy and beloved, put on _____, _____, _____ of mind, _____; _____ with one another, and _____ one another, if anyone has a _____ against another, even as Christ forgave you, so you also must do. But above all these things, put on _____, which is the bond of perfection."

5-6 Who satisfies your mouth with good things, so that **your YOUTH is RENEWED like the EAGLE'S**. The Lord **executes RIGHTEOUSNESS and JUSTICE for all who are OPPRESSED**.

• **Jeremiah 9:23-24** ".....Let not the wise man _____ in his wisdom; let not the mighty man _____ in his might; let not the _____ man _____ in his _____ but let him that _____ glory in this, that he understands and _____, that I am the _____ who exercises _____, _____ and _____ in the earth; for in these things I

_____, says the _____.”

• **Psalm 146:5-7** “Happy is he who has the God of Jacob for his help, whose hope is in the _____ his _____, who made heaven and earth, the sea, and all that _____ is in them; ‘who keeps truth forever. Who _____ for the _____, who gives food to the hungry. The _____ gives _____ to the prisoners.”

Definition: “Your YOUTH is RENEWED like the EAGLE’S” – Does this mean we won’t ever have wrinkles and grey hair as we get older? No, it’s more along the lines of **our STRENGTH and ABILITY to do God’s word and His will** that will be renewed, even in our old age.

• **Isaiah 40:29-31** “He gives _____ to the _____, and to him who lacks _____ He increases power. Though _____ grow weary and _____, and vigorous _____ men stumble badly, yet those who wait for (put their TRUST in) the Lord will gain new _____; they will mount up with wings like _____, they will run and _____ get _____, they will walk and _____ become weary.”

• **Psalm 92:12-15** “The _____ shall _____ like a palm tree, he shall grow like a cedar in Lebanon. Those who are planted in the house of the _____ shall flourish in the courts of our God. They shall still _____ in _____; they shall be _____ and _____, to declare that the Lord is upright; He is my _____, and there is no unrighteousness in Him.”

Definition: “Executes RIGHTEOUSNESS and JUSTICE for all who are OPPRESSED” – **This is a promise that applies to GOD’S PEOPLE.** Obviously, we look around in the world, and there is very little justice and righteousness. But for **God’s people, believers in Jesus Christ**, if we believe in His word and TRUST His PROMISES, **we can expect God to come through for us in difficult situations.** Some Bible versions also use the word “equity”. Equity is defined in the dictionary as **“justice, impartiality, fairness”.** **It does NOT mean that everyone gets the same thing, or everything is equal.** It means if you do good and get a reward for it, that is FAIR. If you commit a crime and are punished for it, that is JUSTICE. If you work hard, and get to enjoy the fruits of your labor, that is JUST and FAIR.

• **Isaiah 54:17** “No weapon formed _____ you shall prosper, and every tongue which rises _____ you in judgment you shall condemn. This is the heritage of the _____ of the _____, and their _____ is from Me,’ says the Lord.”

• **Psalm 23:4-5** “Yea, though I walk through the valley of the shadow of death, I will _____ no _____; for You are _____ me; Your rod and Your staff, they _____ me. You prepare a table before me in the _____ of my _____; You anoint my head with oil; my cup runs over.”

• **Psalm 145:20** “The Lord _____ all who _____ Him, but all the wicked (unsaved) He will _____.”

• **Read II Chronicles 20:12-23** (verse 12) "O our God, will You not judge them? For we are powerless before this great multitude who are coming against us; nor do we know what to do, but our _____ are upon _____." (Verse 15b) “Thus says the Lord to you, 'Do not _____ or be _____ because of this great multitude, for the _____ is NOT _____, but _____. (Verse 17) “You shall _____ need to fight in this _____; station yourselves, stand and see the salvation of the Lord on your behalf.... Do not fear or be dismayed....go out to face them,

for the Lord is with you."

• **I Samuel 17:47** "Then all this assembly shall know that the _____ does not _____ with sword and spear; for the _____ is the Lord's, and He will give you into our hands (give us the VICTORY)."

• **Psalms 9:7-9 & 16** "But the _____ shall endure _____; He has prepared His throne for _____. He shall _____ the world in _____. And He shall administer _____ for the peoples in _____. The _____ also will be a refuge for the _____, a refuge in times of _____." (Verse 16) "The _____ is known by the _____ He _____; the _____ is snared (caught) in the _____ of his own _____."

• **Psalms 5:11-12** "But let all those _____ who _____ their _____ in _____; let them ever shout for joy, because You _____ them; let those also who _____ Your _____ be joyful in You. For You, O Lord, will _____ the _____; with favor You will _____ him as with a _____."

• **Psalms 99:4** "The King's strength also loves _____; You have established _____; You have _____ and _____ in Jacob."

Definition: "With PARTIALITY & IMPARTIALITY" – In the King James Version, partiality is called "respect of persons", and it means to judge someone by their outward appearance, and **PREFER one type of person over another** for the wrong reasons; an unfair prejudice or bias. **"IMPARTIALITY"** just means the opposite of being partial or prejudiced. In James 2:1-4, James was addressing the problem of rich and poor people in the church. He was telling the Christians not to prefer or like someone better just because they were rich and dressed in fancy clothes, or to neglect or treat someone unfairly just because they were poor and wearing raggedy clothes.

• **James 2:1-4** "My brethren, do _____ hold the faith of our Lord Jesus Christ, the Lord of glory, with _____. For if there should come into your assembly a man with _____, in _____ apparel, and there should also come in a _____ man in _____ clothes, and you _____ to the one wearing the _____ clothes and say to him, 'You sit here in a _____ place, ' and say to the _____ man, 'Sit here at my footstool,' have you not shown _____ among yourselves, and become judges with _____ thoughts (motives)?" (Verse 9) "But if you show _____, you commit _____, and are convicted by the law as transgressors."

• **Ephesians 6:9** "And you, masters, do the same things to them, giving up threatening, knowing that your own _____ also is in _____, and there is no _____ with Him."

• **Romans 2:11** "For there is no _____ with God."

• **Deuteronomy 1:17** "You shall show no _____ in judgment; you shall hear the small as well as the _____; you shall not be _____ in any man's presence, for the judgment is God's....."

• **Acts 10:34** "Then Peter opened his mouth and said, 'In truth I perceive that _____ shows no _____.'"

• **Proverbs 28:21** "To show _____ is _____, because for a piece of bread a man will transgress (sin)."

• **Colossians 3:25** "But he who does _____ will be repaid for the wrong which he has done, for there is no _____."

• **I Peter 1:17** “And if you call on the Father, who without _____
judges _____ to each one’s _____.....”