

Freedom from Generational Bondage

THE BAD NEWS: Generational bondage, also known as hereditary curses, and which usually involves familiar spirits (familiar means "of the FAMILY"), is the result of coming from a DYSFUNCTIONAL family of origin, and is nothing new. The first dysfunctional family to see a curse come upon it was Adam and Eve's family, resulting in Cain killing his own brother Abel. His outward motives seem to be envy and rage, but we see in Genesis 4:6-7 that **Cain's real problem was rebellion against God** (wanting to do things his own way). Many Christians suffer today because of generational curses in their families, because of lack of love, lack of godly discipline, lack of godly principles taught them, etc. They may also suffer from overt sins, such as incest (sexual abuse), violent tempers and physical abuse, emotional abuse which caused low self esteem, depression, or even physical disorders. God's word says the real issue is that they have ancestors who "hated God" and therefore the ancestors' rejection of God has passed down to their descendants certain CONSEQUENCES, among which are familiar spirits, dysfunctional behavior in relationships, low self esteem, and inability to practice godly principles in their own lives. Without intervention from God, they seem DOOMED to repeat their parents' mistakes and sins (iniquities).

THE GOOD NEWS: The natural consequences of hating God will pass down to at least the third or fourth generations (Exodus 20:1-6), but **the GOOD NEWS is that Jesus can set you FREE** at whatever generational level you are at. You don't have to know "when it all began" in your family, either, but you can claim the VICTORY in Jesus Christ - that **the curse is BROKEN** in your generation, with YOU, and that it will NOT pass on to your own children and descendants! When you accept Jesus as your Lord and Savior, you become one of "those who love Me and keep My commandments" to whom God will show His mercy and loving kindness (Exodus 20:6).

- **Exodus 20:1-6** "Then God spoke all these words saying, 'I am the Lord your God, who brought you out of the land of Egypt, **OUT of the HOUSE of BONDAGE**. You shall have no other gods before Me. You shall not **make for yourself an IDOL**, or any likeness of what is in heaven above or on the earth beneath or in the water under the earth. You shall not worship them or SERVE them; for I, the Lord your God, am a jealous God, **VISITING the INIQUITY of the FATHERS on the CHILDREN, on the third and fourth generations** of those who hate Me, but showing loving kindness (mercy) to thousands, to those who love Me and keep My commandments.'"

Definition: "VISITING the INIQUITY of the FATHERS" - At first reading, it may seem that God is DOING the punishing by inflicting the curse upon these families. However, it actually means that **He ALLOWS** the "iniquity of the fathers" to be visited upon the children, which means the children SUFFER the CONSEQUENCES of what their parents have done. The iniquity here is the sin of **"making idols" and "serving" them**, which can mean literal idols of worship, and can also mean idols of wealth, beauty, fame, power and other material, worldly pleasures.

You may not know what your ancestors were involved in, or you may know **exactly what sin** first started the curse working in your family. It could have been witchcraft, occult activities, fortune-telling, and the like, or merely dead, false religion, even under the name of "Christian." Whatever it was, it was rejection of Jesus Christ, and **it opened the door** for more Satanic activity, such as the sexual sins (incest), alcoholism, abuse and violence, and so on. **You have been SET FREE by Jesus Christ**, and **you NOW have a CHOICE** between God's blessings and your family's curse.

- **Deuteronomy 30:19-20a** "I call heaven and earth to witness against you today, that **I have set before you life and death, the BLESSING and the CURSE. So CHOOSE LIFE** in order that you may live, **you and your descendants**, by loving the

Lord your God, by obeying His voice and by holding fast (clinging) to Him; for this is YOUR LIFE and the length of your days....." **John 10:10-11** "The thief (Satan) does not come except to steal, and to kill, and to destroy: **I am come that they might have LIFE**, and that they might have it MORE ABUNDANTLY. I am the Good Shepherd; the Good Shepherd gives His life for the sheep." **Galatians 3:13** "Christ has REDEEMED us from **the CURSE** of the law, **being MADE a CURSE for us**; for it is written, cursed is every one that is hanged on a tree."

Deliverance from the Curse

What is the actual "agent" of deliverance in our lives? It is **the anointing of God**, which is another way to say **the power of the Holy Spirit** of God. Jesus is the Christ, which means literally "the Anointed One" of God. When you belong to Jesus, the Anointed One, you have all the power of God available to you, if you are walking in obedience and fellowship with Him.

- **Luke 4:18** "The Spirit of the Lord is upon Me, because **He has ANOINTED Me** to preach the gospel to the poor, He has sent Me to heal the brokenhearted, to preach **DELIVERANCE to the CAPTIVES**, and recovering of sight to the blind; to SET at LIBERTY **those who are OPPRESSED**."
- **Isaiah 10:27** "And it shall come to pass in that day that his (Satan's) BURDEN shall be taken away from off thy shoulder, and his yoke from off thy neck, and **the yoke shall be DESTROYED** because of the **ANOINTING**."
- **Acts 10:38 & Acts 1:8** "How God **ANOINTED** Jesus of Nazareth **with the Holy Spirit and with power**: who went about doing good, and healing all who were OPPRESSED of the devil, for God was with Him." "And **YOU** shall receive **POWER** after the **Holy Spirit** has come upon **YOU**....."
- **John 20:21** "Then said Jesus to them again, 'Peace be unto you; AS My Father has sent Me, even so **I SEND YOU**.'"
- **John 14:12** "Most assuredly, I say to you, he who believes in Me, **the WORKS that I do he will do also**; and greater works than these he will do, because I go to My Father."
- **Mark 9:28-29** "..... 'Why could we not cast him (the demon) out?' So He said to them, '**This kind** can come out **by nothing but prayer and FASTING**.'"
- **Isaiah 58:6** "Is this not the FAST which I choose, to loose the bonds of wickedness, to undo the bands of the yoke, and **to let the OPPRESSED go FREE**, and to break every yoke?"

Prayer together with fasting is especially effective for breaking down strongholds that have been in your life for a long time, and for DELIVERANCE from **demonic oppression** of any kind. Demonic oppression is sometimes referred to as a "yoke of bondage" or slavery, but Jesus has given us authority over ALL the power of the enemy, and **He has given us the same ANOINTING of the Holy Spirit** with which to DESTROY those "yokes" and be SET FREE from all oppression.

- **Luke 10:19** "Behold, **I give YOU the AUTHORITY** to tread upon serpents and scorpions, and over **ALL the power of the enemy**, and NOTHING shall by any means hurt you."
- **I John 2:20 & 27** "But **YOU have an ANOINTING from the Holy One**, and you know all things." "But the **ANOINTING which you have received** from Him abides in you, and you do not need that anyone teach you; but as **the same ANOINTING** teaches you concerning all things, and is true, and is not a lie, and just as He has taught you, you will abide in Him."
- **Read Ephesians 6:10-18** "Finally, my brethren, **be STRONG in the LORD**, and in the **POWER of His MIGHT**. Put on the whole armor of God, that you may be able to stand AGAINST the SCHEMES of the DEVIL."

Choose the Blessings

How do you CHOOSE the blessings of God over the curse of your family? You exchange the "yoke of bondage" for the "yoke of Jesus", which is light and easy to carry. You choose to "hear Jesus' voice" and "follow Him" **every day, you CHOOSE EVERY DAY** to "abide in His word" and "not let your heart be troubled." **You choose DAILY to live in and ACCEPT** the peace, power, love and sound mind that Jesus gives you. Jesus tells you, "Take My yoke upon you and **LEARN from Me.**" **You learn from Him** as you ABIDE (stay, spend time) in His WORD, and **you CHOOSE** the things you have learned from Jesus over the things you have learned from your dysfunctional family.

- **John 10:27-30** "My Sheep **hear My voice**, and I know them, and **they follow Me**. And I give them ETERNAL LIFE, and they shall never perish; neither shall anyone snatch them out of My hand. My Father who has given them to Me, is greater than all; and NO ONE is able to snatch them out of My Father's hand."
- **Matthew 11:28-30** "**Come to Me**, all you who labor and are heavy laden, and I will give you REST. **Take My yoke upon you and learn from Me**, for I am gentle and lowly in heart, and you will find REST for your souls. For My yoke is easy, and My burden is light."
- **John 8:12 & 31-32** "Then Jesus spoke to them again, saying, 'I am the LIGHT of the world. **He who follows Me** shall NOT walk in DARKNESS, but have the LIGHT of LIFE.'" "Then Jesus said to those Jews who believed Him, '**If you abide in My WORD**, you are my disciples indeed. And **you shall KNOW THE TRUTH, and the TRUTH shall make you FREE.**'"
- **John 14:27** "PEACE I leave with you, My PEACE I give to you; not as the world gives do I give to you. **Do not LET your heart be troubled**, neither let it be afraid."
- **II Timothy 1:7** "For God has NOT given us a SPIRIT of FEAR, but of POWER and of LOVE and of a SOUND MIND (not a dysfunctional mind)."

Finally, if you feel you need help in getting completely free of all the demonic oppression from the past, follow God's command which says to call for the elders of the church to pray and lay hands on you. Whether it is physical sickness, demonic oppression, or whatever, it is ALL subject to the name of Jesus, and can be prayed for - for DELIVERANCE or HEALING.

- **James 5:14-16** "Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the PRAYER of FAITH will restore the one who is sick, and the Lord will raise him up, and if he has committed sins, they will be forgiven him."
- **Luke 9:1** "Then He called His twelve disciples together and gave them POWER and AUTHORITY over ALL DEMONS, and to cure diseases."
- **Mark 16:17-18** "And these signs will follow THOSE WHO BELIEVE; in My name **they will cast out DEMONS.....they will lay hands on the sick and they WILL RECOVER.**"
- **Luke 13:12-13 & 16** "But when Jesus saw her He called her to Him, and said unto her, 'Woman, you are LOOSED from your infirmity ("freed from your sickness"). And He laid His hands on her, and immediately she was made straight, and glorified God.....And ought not this woman, being a daughter of Abraham, **whom SATAN has BOUND-think of it-for eighteen years, be loosed (set free) from this bondage** on the Sabbath day?"
- **Psalms 107:19-20** "....They cry unto the Lord in their trouble, and He saves them out of their distresses. He sent His WORD, and healed them, and delivered them from their DESTRUCTIONS."

Please also read **[How to be Set Free, Walking in Your Deliverance Parts 1 & 2](#)**, **"Knowing Who You Are in Christ"**, and **"Knowing Who You Are in Christ - Using Your Spiritual Authority" Parts 1, 2 & 3"**.

Prayer for Closing Doors - Abortion

Heavenly Father, I come to You in the name of Jesus. I ask you to forgive me for having had an abortion, or contributing to someone having an abortion. I was deceived at the time, but now I see clearly that abortion is murder. I confess the sin of not realizing that a life was entrusted to me, and I took that life away. I thank you, Lord, that You said that the blood of Jesus cleanses me from ALL sin, and I thank You for Your forgiveness and cleansing right now. I thank You, Lord, for that precious life which is in heaven with You now, and that I will see my child when I get to heaven. I thank You, Lord, that my child has already forgiven me, and is safe in the arms of Jesus for all eternity. I accept and receive total forgiveness through the blood of Jesus, and I close all doors that were opened to allow demons into my life.

Now, I speak to any demons that may have attached themselves to me through the sin of abortion. Satan and you demons, I command you in the name of Jesus Christ to leave my presence and my person! I bind you in the name of Jesus, and you may not come near me, or attack my body or soul, in the name of Jesus, and by the blood of Jesus!

Prayer for Closing Doors - Alcohol & Drug Abuse

Heavenly Father, I come to You in the name of Jesus. I ask you to forgive me for not having taken proper care of my body, which is now the temple of Your Holy Spirit. Forgive me for allowing myself to be under the power of a chemical substance instead of under the influence of Your Holy Spirit. I accept and receive total forgiveness through the blood of Jesus, and I close all doors that were opened to allow demons into my life. Holy Spirit, I ask You to take control of my life, and remove all unholy spirits from me.

Now, I speak to any demons that may have attached themselves to me through the sin of drug or alcohol abuse. Satan and you demons, I command you in the name of Jesus Christ to leave my presence and my person! I bind you in the name of Jesus, and you may not come near me, or attack my body or soul, in the name of Jesus, and by the blood of Jesus!

Prayer for Closing Doors - Sexual or Physical Abuse Done to You

"In the name of Jesus, I close any doors that may have been opened to allow Satan into my life through rape, sexual abuse, or violent physical abuse done to me, and the through the bitterness I held against those who did it to me. I choose to forgive _____ for having done it. I no longer allow what happened in the past to ruin or affect my life in any way. I CHOOSE to walk in newness of life in Christ. I ask You, Lord, to keep the door closed with the precious blood of Jesus."

Prayer for Closing Doors - Neglect & Verbal Abuse Done to You

"In the name of Jesus, I close any doors that may have been opened to allow Satan into my life through my bitterness over neglect by those who should have loved me, verbal abuse done to me, and anything else that destroyed my happiness and self-esteem, and I forgive _____ for having done it. I no longer allow what happened in the past to ruin or affect my life in any way. I CHOOSE to walk in newness of life in Christ. I ask You, Lord, to keep the door closed with the precious blood of Jesus."

Prayer for Closing Doors - Other Generational Bondage or Hereditary Curses

"In the name of Jesus, I close any doors that may have been opened to allow Satan into my life because of ANY OTHER sin or rebellion against God by my ancestors and DYSFUNCTIONAL family of origin. I claim my freedom from ALL generational bondage and hereditary curses, and claim my deliverance from ALL familiar spirits passed down to me through my FAMILY."

Jesus has set me free! I CHOOSE to walk in that freedom and in newness of life in Christ. I ask You, Lord, to keep the door closed with the precious blood of Jesus."

Prayer for Blessing and Restoring the Desolations of Many Generations

Isaiah 61:1-4, 6-7 & 10 & Isaiah 58:12

"The Spirit of the Lord God is upon Me; because the Lord has anointed Me to preach good tidings unto the meek; He has sent Me to bind up the broken-hearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound....."

**Thank You, Lord Jesus, for binding up my wounds and healing my broken heart.
Thank You for setting me free from my prison by the anointing of Your Holy Spirit.**

"To appoint unto those who mourn in Zion, to give them beauty instead of ashes, the oil of joy instead of mourning, the garment of praise instead of the spirit of heaviness; that they might be called trees of righteousness, the planting of the Lord, that He might be glorified."

**Thank You, Lord, for giving me Your beauty instead of the ugly ashes of my past.
Thank You for giving me Your joy and praise instead of the sadness, heaviness and mourning of my past, and for making me a tree of righteousness planted in Your garden. Let my life bring You glory!**

And they shall build the old wastes, they shall raise up the former desolations.....the desolations of many generations. But you shall be named the Priests of the Lord; they shall call you the Ministers of our God.....instead of your shame, you shall have a double portion, and instead of confusion you shall rejoice in your portion.....everlasting joy shall be unto them. I will greatly rejoice in the Lord, my soul shall be joyful in my God; for He has clothed me in the garments of salvation, He has covered me with the robe of righteousness, as a bridegroom decks himself with ornaments, and as a bride adorns herself with jewels."
".....you shall build the old waste places; you shall raise up the foundations of many generations; and you shall be called 'The Repairer of the Breach' and 'The Restorer' of paths to dwell in."

Thank You, Lord, for giving me a double portion of Your love and grace to replace the shame and confusion brought about by my past. I will rejoice in my portion of Your everlasting joy, my soul will be joyful in You, and I will begin to rebuild the waste places and desolation from my past. Thank You, Lord, for calling me to be a Priest and a Minister of God, clothed in garments of salvation and righteousness. I will be a Repairer and Restorer of the damage done to me by past generations of my family. I will not pass this damage on to my children or any future generations, but will begin to lay a new foundation built on Jesus Christ.

Warning! - All the prayers, all the deliverance sessions, all the Scripture promises in the Bible, and all your crying and seeking counsel will NOT help you unless you do ONE THING: you MUST forgive those who hurt you and caused the damage in your life. You can CHOOSE to hold onto the HURT and feelings of the past, and dwell on those emotions, and cherish them as dear friends, but they will destroy you. All through the Bible, God's teaching on forgiveness is that you do NOT still hold onto and cherish those feelings of hurt, anger and bitterness. If you do, then it is not forgiveness! Has anyone done anything to you worse than what people did to Jesus? If Jesus could forgive mankind from the cross, you can forgive, by the grace of God and the Holy Spirit in you, anyone for anything that they have done to you. The lock on the prison door was removed by Jesus 2,000 years ago, but you can CHOOSE to walk back into the cell and remain there, if you choose to hold onto and wallow in destructive emotions and hurts.