

“Love Lifted Me Recovery” - July, 2026
Newsletter for April, May, June, 2026
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Loveliftedmerecovery.com

Here is the purpose of our ministry as written in our Federal and State applications when we became a non-profit organization: “To work alongside and with the conventional church to help people who are struggling with alcoholism, drug addiction, sexual addictions, eating disorders, co-dependency, or suffering from depression, or with dysfunctional family issues. To use Biblical principles and the Twelve Steps of Alcoholics Anonymous to bring people out of their addictions and to reach their full potential in Christ Jesus. To help those whose lives have been damaged by any of the above issues, and to restore them to productive lives in society, and to be fruitful members of God’s kingdom.” But most important, here is our purpose and mission statement from God’s word:

- **Luke 4:18** “The Spirit of the Lord is upon me, because He has anointed me to preach the gospel to the poor; He has sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, and to set at liberty those who are oppressed.”
- **Ezekiel 34:12 & 15-16** “As a shepherd seeks out his flock in the day that he is among his sheep that are scattered; so will I seek out My sheep, and will deliver them out of all places where they have been scattered in the cloudy and dark day.” “I will feed My flock, and I will cause them to lie down, says the Lord God. I will seek that which was lost, and bring again that which was driven away, and will bind up that which was broken, and will strengthen that which was sick....”
- **John 20:21 & 21:15b** “Then Jesus said to them again, ‘Peace be unto you: as My Father has sent Me, even so I send you.’ “.....Feed my lambs.”

We teach Biblical principles and use the Twelve Steps as an outline or format. We are basically a Bible study and discipleship ministry, with our focus on the principles from God’s word that bring deliverance from bondage, and help in resolving issues from the past and in solving problems of daily life today. Our goal is to help those whose lives have been damaged by sin - either their own or others’ sins and abuse against them - to help transform them into productive and fruitful members of society and of God’s kingdom. To replace the low self-esteem caused by damaged relationships in the past with the true knowledge, awareness and “self-esteem” of knowing who we are in Christ.

Monthly Evangelistic Outreach to Venice Beach

Saturday, April 4, 2026 - Our ministry teams today consisted of Tom, me, Felipe, Ulysses, Anthony, Josue, Sheldon, Eddy, Andrew, Jonathan, Kathleen, and George Applegate (recently released from Corcoran State Prison, and he did our program while in there, and wanted to help on the outreach). Tom stayed home to keep us covered in prayer, and Kathleen, George and I went to the north end of the Boardwalk. Sheldon, Eddy, Jonathan and Andrew went to the south end of the Boardwalk, and Felipe, Ulysses, Anthony, and Josue went to the streets to find homeless people living in tents and motor homes. We had 182 lunches, lots of socks, hygiene/toiletry packets, used clothing, shoes, jackets, and dog food for those homeless people who have pets. Kathleen, George and I found a homeless man named

Henry, and another ministry had given him a bottle of water and some other items, but no food, so we gave him a couple of lunches and a pair of men's underwear. He was so happy! We gave out a few more lunches on the Boardwalk, but the city had been moving off many the homeless from the Boardwalk, so we went up Rose Avenue again, and found people living in tents on some side streets. They were all so thankful and grateful to receive lunches, shirts and pants, shoes, and underwear, and dog food for the ones with dogs. One woman told us, "You're giving out really good stuff!" We swung around to Lincoln Blvd. and found a few men in parking lots and alleys by "Staples", and George spotted a homeless man across the street at the "7-Eleven" store. One man said he needed shoes in a size 12, and Kathleen rooted around in the car and found a nice pair of tennis shoes in his size. George went up to a parked car that looked like people were living in it, and they were glad to receive lunches. One man named Charles said he was so happy he would like to give me a hug, but didn't know if that was okay. I said it was okay, and I gave him a big hug. Sheldon, Eddy, Jonathan and Andrew gave out all of their lunches on the Boardwalk, and prayed with several homeless people. One man said he had severe pain in his back, and Andrew put his hands on his back and prayed for healing. The man stood up, waved his arms around and twisted his body, and cried out, "The pain is gone!" This man said he was already a Christian. Eddy talked to a homeless man named Adam, and told him about Jesus, but after a few minutes he walked away, but we will pray for him. Sheldon said a homeless woman was yelling and screaming obscenities, but they stopped and prayed, and she quieted down. Later, she apologized to them for her cursing. Someone asked Jonathan what ministry they were with, and he handed them one of our newsletters. Eddy brought Spanish Bibles and had some Spanish tracts to hand out, and every lunch contains a gospel tract in English. We saw some of the people reading their tracts as soon as they got them out of the bag. Others were eating the Vienna sausages with their fingers before they saw that there was a plastic fork in the lunch bag. Felipe, Ulysses, Anthony, and Josue found homeless people on a side street by Costco, near McDonald's, in the parking lot of the Ralph's market, by the Venice post office, and around the traffic circle in Venice. They gave out all their lunches and other items, and Felipe said, "It was a great journey!" Praise the Lord! Oh, I almost forgot..... we saw Esther, and she said the man who beat her up two months ago is finally in jail. I guess he tried to beat up the wrong person, and someone finally pressed charges or something. Obviously, the guy had a screw loose somewhere - not in his right mind, attacking people all the time. The Venice Boardwalk can be a dark and dangerous place, so we always pray for protection for our teams, and for the homeless people to whom we are ministering.

Saturday, May 2, 2026 - The Lord brought volunteers to go out to Venice Beach today, and they were Tom, me, Felipe, Ulysses, David, Kathleen, George, Sheldon, Andrew and Kaela. We had our usual 180 lunches, used clothing, shoes, socks, toiletry/hygiene packets, and dog food for those with pets. Tom stayed home to pray and provide a hedge of protection for us. Kathleen, George and I went to the north end of the Boardwalk and to Rose Avenue and some side streets to find homeless people. Sheldon, Andrew and Kaela went to the south end of the Boardwalk, and Felipe, Ulysses and David went to the streets of Venice, Santa Monica and West LA to minister to the homeless. Kathleen, George and I found Aracelli, who got clothing, toiletries and a lunch. Matt got a lunch and a new shirt, and we saw him later wearing the shirt. Martin was sitting on a bench with a wheelchair beside him, and he had nothing else with him. We gave him a lunch, and he was so thrilled to get something to eat, that we gave him two more to save for later, and I gave him a hug. We found some people by the bathrooms, and after we gave one guy a lunch and some clothes, he went and found four or five other guys, and they all got lunches and clothing, and were very happy. We found Jean, who will be ninety-two this month, and she and her friend Leon are living in a new van which is much larger. We gave them lunches and a few other items, and it was good to see her. We gave out about half of our lunches at the Boardwalk, and then went to the streets and found more homeless people who received lunches, toiletry/hygiene packets, dog food for their dogs, and clothing and shoes (we had a pair of size 14 shoes and found a man who said they would fit him). We still had a few lunches left over, because the city has

been rounding up the homeless and moving them (hopefully providing housing?). So, afterwards, when George and I were driving to get something for Tom, him and me for lunch, we gave out ten more lunches along the way. One group of five people were so glad to get something to eat, they were tearing open their lunch bags and eating before we even got back in the car. Kaela said their group gave out all their lunches, dog food and most of the clothing, and they had a good time. Felipe, Ulysses and David went to Virginia Avenue Park in Santa Monica where a friend had told Felipe there were homeless people, and they gave out lunches and clothing to them. Felipe's group also went to people under the freeway overpasses at Sepulveda and Centinela Boulevards in West LA, and to people living in their motor homes on Washington Blvd., and by Ralph's Market and Costco in Venice. We also gave out gospel tracts to people who were just down at the Boardwalk and beach, but it was a cold, overcast day, so not that many people were out. We are thankful that the Lord led us all to the people to whom He wanted us to minister, both for their physical needs and their spiritual needs, because each lunch contains a gospel booklet to tell them about Jesus.

Saturday, June 6, 2026 - We went out into the streets and to the Boardwalk with three teams, with Tom staying home to keep us covered in prayer. Kathleen, George and I went to the north end of the Boardwalk, and Sheldon, Kaela and Eddy went to the south end. Felipe, Ulysses, David, Josue and Cesar went to minister to the homeless on the streets. We had 182 lunches for the homeless, plus used clothing, socks, hygiene/toiletry packets, shoes, and dog food for those who have dogs. Kathleen, George and I found Jennifer, who got clothing, a lunch, some shoes, a sleeping bag and a blanket, and she also asked for prayer. We prayed with her for her to find housing, and for protection for her while she's still on the streets. We gave a lunch, some clothing and toiletries to Kevin, who we've seen before, and he was very thankful and gave me a hug. A young woman named Cody was happy to get a sports bra, some underwear, toiletries, a lunch, and some other clothing items. Mike and "Boston" said they only needed lunches, and of course, everyone else who received food and clothing was very grateful and thankful, and one man even praised God for what he received. We found Jean, who is ninety-two years old and lives in her van. We gave her and her friend, Leon, lunches, a towel, and some crossword puzzle books for Jean. Another man received a lunch for himself, and some dog food, as we saw his poor dog licking an empty can of dog food, obviously still hungry. The man said, "Thank you so much! I had some food for my dog, but nothing for myself." We also handed out gospel tracts in English and Spanish, and each lunch contains a gospel tract. After giving out most of our lunches on the Boardwalk, we went to the streets and gave out more lunches and clothing. Sheldon, Eddy and Kaela said they gave out almost everything and people were very glad to receive it. Some homeless people asked them for prayer: Melvin, a guy in a wheelchair, who asked for healing and salvation; Tinsan and Andre, who need salvation and freedom from drug use; and Neena, who had been hurt badly, and she asked prayer for salvation and healing. Felipe and his group went to the streets of Venice, Santa Monica, West LA, and the LAX area. They gave out all of their lunches and clothing, and Felipe said, "It went fabulously great!"

Prison Ministry

God has blessed us with a prison ministry that reaches men and women in every state prison in California, some federal prisons around the country, and prisons and jails in several states. We have 300 or so people doing our Bible studies and 12-Step program by correspondence. Here are a few portions of letters we've received from inmates:

Jose Zavala, CTF North, Soledad, CA - "Thanks be to our God and Savior! Also thank you my beloved brethren, Tom and Dottie, for all the help you provide for me in my preparation for my parole board hearing coming up in August. I appreciate it with all my heart. God bless you, I love you always.

Your brother in Christ, Jose, forever, ever and ever. Amen”

Anthony Onnett, California Medical Facility, Vacaville, CA - “I’m working on Steps 8 & 9, and have made my amends to the people I could contact. It took me a few weeks to do this, and just to remember everyone, because I have been incarcerated since 1987. A few of the names brought tears to my eyes, but a great big weight lifted off my shoulders. I prayed and asked God to forgive me and cried myself to sleep. God bless you both for your ministry. Love and respect, Anthony”

Lamont Wright, Pelican Bay State Prison, Crescent City, CA - “It’s been a few months since I last wrote you guys. I’m still doing one Step each month for the whole month, and I’ve been doing this system since I completed your 12-Step program in 2023. I got denied parole in 2023, but I go back to the Parole Board in September of this year. Please send me an updated support letter for my hearing, and pray for me. Thank you, Lamont Wright”

Albert Estrada, CTF North, Soledad, CA - “Thank you for the pictures you sent me of your beach outreach. It’s very awesome what you are doing in the name of our Lord Jesus Christ in feeding the homeless. God bless you with all the good things He has in His kingdom. Please pray for me, my son and my brother, as we all need God in our lives in our different ways. Thank you once again, In Jesus Christ’s name, Albert”

George R. Palomar, Valley State Prison, Chowchilla, CA - “Thank you very much for the big beautiful calendar. It helps brighten up my ugly cell and helps my bad memory. I use the large squares to write important stuff that I keep forgetting, like when to go get my medications, among many other important dates. Thanks again. Love & prayers, George”

Jonathan David Watson, Corcoran State Prison, Corcoran, CA - “Thank you for another wonderful Bible study. The Gospel of John is awesome, and I’m grateful for God’s word and how Jesus came as a ransom to pay for us sinners and how we can return to Him free of charge. How wonderful is that? Thank you for everything! Love, your brother in Jesus Christ, Dave”

Robert Carlos, Ironwood State Prison, Blythe, CA - “I wanted to let you two know that you are wonderful and loving people who are helping others, and it is so great! I want to be like you when I get out, I want to give back, because for so many years I have taken, and have hurt people. Many years ago I was engaged in reckless and senseless behavior which led me on a downward spiral to the path to death. I am no longer the evil person that I was once. I gave my life to God and I believe that God works all things together for good to those who love God and are called according to His purpose (Romans 8:28). I have made a lot of bad choices in my life, but I’ve turned it all over to God. God is a loving, forgiving, and caring God, and I have faith in Him today. God bless, Robert”

Colton Hill, Naval Consolidated Brig, Miramar, San Diego, CA - “I really, truly enjoyed the Bible study lessons, and really appreciated the definitions of certain words in the lessons. I would like to keep doing the Bible lessons along with the 12-Step program. I am extremely grateful for everything you are doing for me to help strengthen my faith, and after I finish the Ephesians study, I would love to do the James study. It all means so much more than I can put into words. Thank you so much! Colton Hill”

Erwin J. Sanchez, California Men’s Colony, San Luis Obispo, CA - “I’m so thankful to you both for all you’ve done for me. I feel blessed and finally have peace in my life, which is something I needed. So, thank you for your role in bringing me closer to the Lord. Be safe and take care, sincerely, Erwin Johnny Sanchez”